

Cinnamon star's Letting nature take its masterclass

Head chef shares cooking expertise with pupils

Cruise wild wetlands in the Olympic Park

ISSUE 1033 27 OCTOBER - 2 NOVEMBER 2014



NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

National award for fantastic foster care

Gertrude and Keith have looked after 28 children in 18 years



A COUPLE who provide outstanding foster care financial matters. for children with complex national award.

Gertrude and Keith the last 18 years.

pleased when I heard about the foster carers."

giving the best of care to the children. I don't see their disability – only the need to care for and nurture them."

Mr and Mrs Tummings were presented with the award for Outstanding Commitment to Foster Children with Disabilities at the FosterTalk Foster Carer Awards last Tuesday, October 21.

They are foster carers with the council and were nominated by the fostering development team for the outstanding care they provide.

Hundreds of others were nominated for the awards, established to mark the tenth anniversary of FosterTalk, a service which was set up to

BY IAN READ provide nationwide specialist independent support to foster carers in areas such as legal and

needs have won a director of FosterTalk, said: "We had hundreds of entries which made it very hard for our judges, Tummings have looked after 28 but this award for Gertrude and families, Edward Timpson, children with disabilities over and Keith is well deserved and we hope it inspires other Gertrude said: "I was really people to consider becoming

Mayor Lutfur Rahman said "For me, fostering is about the award was richly deserved recogniton for the couple.

He added: "We are incredibly proud of Gertrude and Keith winning this prestigious award.

"They have turned around the Melody Douglas, managing lives of so many children over the years."

The awards were presented by the minister for children and TV chef Lorraine Pascale, who was herself a foster child.

Anyone who wants to find out more about fostering and adoption can call o800 279 9850 or visit www.fostering andadoption.co.uk





Fun for under-fives

The borough's children's centres offer a wide range of activities for children aged under five.

www.towerhamlets.gov.uk/fis



Support for breastfeeding mums

Tower Hamlets has been commended for supporting breastfeeding through a number of initiatives and achieving Baby Friendly Initiative status across maternity, neo-natal and community settings.

www.sustainweb.org/londonfoodlink/goodfoodforlondon2014/

News

East End Life is produced by Tower Hamlets Council, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG. Tel: 7364 3179 Fax: 7364 4917 Email: eastendlife.news@towerhamlets.gov.uk



Ed Tel De Tel Ph Ko Tel

Editor Laraine Clay
Tel: 7364 3179
Deputy Editor Helen Watson
Tel: 7364 3173
Reporter

Jessica Odubayo Tel: 7364 4365 Photos

Kois Miah Tel: 7364 3253

Advertisement Manager Sharan Ahmed Tel: 7364 4061

Senior Advertising Sales Executive Christine O'Doherty

Tel: 7364 4994

Senior Advertising Sales

Executive Fatima Khan

Tel: 7364 4623

Advertising Production

Controller & Sales Executive

Terri Gornall Tel: 7364 4682

Distribution Manager & Finance Abdul Miah

Tel: 7364 0474

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7364 0474 or email abdul.miah@

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Mayor Rahman, with (far left) Cllr Gulam Robbani and Mile End councillor Shah Alam, meets visitors at the new centre

A new place to play

BY STEFAN SWIFT

A NEW children's centre has opened to provide affordable childcare for residents.

Mayor Lutfur Rahman joined a health and wellbeing day to formally launch the Mile End Children's Centre.

Guests were given the chance to look around the new building and play garden at the community event on October 16.

Parents, children and visitors chatted to staff and found out about the wide range of children's services and activities available, while youngsters



took part in dancing, face painting and games. There were also information stalls offering healthy living advice.

Mayor Rahman said: "I am delighted to launch the Mile End Children's Centre to support our families. We hope that the services offered give all residents from the area the opportunity to achieve their goals."

Cllr Gulam Robbani, cabinet member for education and children's services, added: "This new facility is another positive step by the council in providing affordable childcare for all of our residents and I hope they access this fantastic new facility."

The centre is at 9 Bede Square, Joseph Street, off Bow Common Lane, E3.



Inside this week's issue

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Not just a problem for women

"FGM affects the whole family, this is not just a woman's problem. There is a lack of awareness among frontline practitioners. The practice is culturally unacceptable & we need to change attitudes."

FIONA DWYER FROM VIOLENCE AGAINST WOMEN AND GIRLS



It takes two

Take your pick from two fireworks displays this Sunday, November 2.

DETAILS BELOW

News

Mums and dads urged to help end FGM abuse

BY JACQUELINE HARTHILL

THE role of men in ending the practice of female genital mutilation (FGM) was highlighted at a conference held in Bethnal Green last week.

Organised by the Ocean Somali Community Association as part of the Somali Week Festival, the conference discussed ways to strengthen the campaign to end FGM by addressing some of the gaps and loopholes in current work.

Dr Fadumo Omar, who chaired the conference, described FGM as a major infringement of a woman's human rights.

"We need mums and dads to join the campaign and open up the discussion," she said.

Although social and religious reasons were often cited as the reasons for the practice, she said it was also used as a way of controlling a woman's sexuality.

Another speaker, psychotherapist Dr Fatuma Farah, said: "If a practice was started for men, (then) they have a big role in ending it."

It is illegal to practice FGM in the UK and carries a penalty of up to 14 years in prison and/or a fine.



Dr Faduma Omar (left) with Dr Fatuma Farah at last week's conference

Thirty-four potential cases were referred to the Metropolitan Police last year, but there has still not been a single prosecution, the conference heard.

Fiona Dwyer from the council's Violence Against Women and Girls service spoke of the necessity to ensure that those on the frontline in social care had the right training

to deal with potential cases.

"FGM affects the whole family. This is not just a woman's problem," she said.

In France, there have been more than 100 successful prosecutions using existing child protection laws while Kenya has reduced incidents of FGM to 27 per cent in the last decade.

For more details go to **www. justiceforfgmvictims.co.uk**

The conference held a minute's silence in memory of anti-FGM campaigner Efua Dorkenoo, who died from cancer on October 18, aged 65. She received an OBE in 1994 for her work, which she continued until weeks before she died.



CELEBRATE Bonfire Night in style with not one but two free fireworks displays courtesy of the council. Pyrotechnics will light up the skies above Weavers Fields, Bethnal Green and Millwall Park, Isle of Dogs on Sunday, November 2 – simultaneously at 7pm. Fireworks, including sparklers, will not be allowed in the parks to ensure everyone can enjoy celebrations safely. A viewing platform at the entrance to Weavers Fields in Mape Street will be available to people with accessibility requirements. There will also be an accessible viewing area in Millwall Park, off East Ferry Road, close to its junction with Chapel House Street. Hot drinks and light refreshments will be available to buy. For further details go to www.towerhamlets.gov.uk/festivals

News in brief

Warehouse fire

SIX fire engines and around 35 firefighters tackled a blaze in a warehouse on an industrial estate in Monier Road, Bow last Monday, October 20.

The entire two-storey furniture warehouse was damaged by the fire but there are no houses nearby and no people were involved.

The brigade was called at about 8.15am and the blaze was under control three hours later. Crews from four fire stations attended.

Station manager Laurie Kenny who was at the scene said: "When crews arrived they were confronted by a sizeable fire and they worked hard to bring the

blaze under control and to stop it from spreading to neighbouring buildings."

The cause is under investigation.

Where is Sparky?

A PENSIONER has put out an urgent appeal for residents to look out for her three-year-old cat Sparky.

The owner, from Zander Court, Bethnal Green, said the black tom, with a white patch on his chest, had not been home since last weekend.

Sparky is particularly fond of chicken and creamy biscuits. If anyone thinks they have seen him or has been looking after him, call East End Life on 7364 3179









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Facing up to HIV and hepatitis

"As symptoms often present late there are many missed testing opportunities within the NHS to prevent the viruses from causing severe damage and being transmitted to other people."

BARTS HEALTH NHS TRUST

Swap till you drop

You can trade in your unwanted things for something else at the latest swap shop. For details visit...

RECYCLING@TOWERHAMLETS.GOV.UK

News

Green grub efforts praised

THE council has been praised for its efforts to make the borough's food healthier and more sustainable.

It has come second out of all 33 London boroughs in the annual Good Food for London report.

The report, produced by the London Food Link, assesses each borough on its achievements in a range of criteria.

Tower Hamlets was awarded nine out

ACTOR Richard Wilson visited the Royal London

and hepatitis B and C.

As part of the week-long

Going Viral campaign,

three viruses.

Hospital to back a campaign encouraging emergency

patients to be tested for HIV

patients having a blood test

Dr Chloe Orkin, consultant

physician at the trust, said:

is an excellent time to find

out your HIV and hepatitis status. Patients treated for

drugs cure more than 80 per

cent of those treated. We can

vaccinate people in contact

Anyone testing positive

specialist clinic for care.

would be referred to a

HIV can live a normal

those infected."

"New treatments mean now

were also offered tests for all

BY IAN READ of ten for its efforts, second only to Is-

Mayor Lutfur Rahman said: "We are proud of our achievements in this area and remain committed to doing everything in our power to encourage our residents to live healthily.

"Despite the borough's poverty profile and deep government cuts, we have continued to invest in activities that promote healthy and sustainable living because we know this can have longterm benefits for our residents."

Achievements which have contributed lington and up from third place last year. to the success include supporting breastfeeding, achieving Fairtrade status for the borough, and offering and promoting the London Living Wage.

> The council holds the Silver Food for Life Catering Mark, meaning school meals are fresh and sustainable. It uses sustainable fish in its catering services and buys free range eggs.

> And the council's Food for Health Awards encourages food retailers to offer healthier options to their customers.

Cllr Abdul Asad, cabinet member for health and adult services, told East End Life: "We believe it's important for a council to lead the way locally, which is why we have championed important initiatives such as the London Living Wage, Fairtrade status and breastfeeding.

"Our catering service was recently named the best in Britain, meaning schoolchildren and people who receive meals on wheels are getting fresh, healthy meals from ethical sources."

News in brief Speedy response

COMMENTS on council proposals to reduce the speed limit across the borough to 20mph must be submitted by this Friday, October 31.

The speed limit would be implemented on all roads except for the A12 and Limehouse Link/ Aspen Way. Further details can be found at www.tower hamlets.gov.uk/consultation

Send comments to road. safety@towerhamlets.gov.uk or write to Road Safety. Tower Hamlets Council, 6th floor Mulberry Place, 5 Clove Crescent, E14 2BG.

£15m museum plan

THE Geffrye Museum is holding an open evening on Tuesday, November 4 where visitors can hear about the plans for its £15 million redevelopment, and meet the director and architects.

The plans will create almost 40 per cent more space in the museum's 18th century, grade 1 listed almshouses in Kingsland Road E2

The event runs from 6-7.30pm.

Food for thought

A TALK by Professor Tim Benton, a global food security expert in Bethnal Green this Monday, October 27, will discuss the challenges of sustainably feeding the world's population.

It takes place from 6.30-8pm at The Gallery Café, 21 Old Ford Road, Bethnal Green.



Richard Wilson with Dr Emma Wallis after a blood test

Anti-social behaviour tops agenda at housing forum

FRONTLINE council officers and staff from housing providers shared good practice on tackling anti-social behaviour at a conference hosted by **Tower Hamlets Housing** Forum.

Aimed at making residents feel safer in their homes, the event on October 17 also had discussions on the most pressing issues currently facing

Mayor Lutfur Rahman said: "By bringing all the members of the Tower Hamlets Housing Forum together, we can achieve more to bear down on antisocial behaviour."

During the conference, intervention, prevention and enforcement strategies were also discussed.

For more information about the forum, including a list of the current members, visit http:// tinyurl.com/lhb2oa5

Swap something you don't want for something you do

IF you're clearing out stuff you no longer want, why not take them to the latest swap shop?

Taking place in Mile End Children's Centre on Wednesday, October 29, the event calls on people to get rid of reusable, clean items and take away things they like for free.

Books, DVDs, CDs, clothes, shoes, toys and bric-a-brac can be taken along between 11am and 3pm to the centre, 9 Bede towerhamlets.gov.uk

Square, Joseph Street, off Bow Common Lane, E3.

Large items, such as furniture, can also be swapped simply take along a photo or description.

Items such as household batteries, printer cartridges, low energy light bulbs, bikes and small electrical appliances can be taken for recycling.

For more information call 7364 5004 or email recycling@



Snot, Sick & Scabs

Explore the fascinating world of cells, bacteria and viruses at the Centre of the Cell in Whitechapel.



Things that go bump in the park

Don't forget the council will be hosting free Halloween events this Friday, October 31 with Monsters from the Deep at Bartlett Park and and a spaceship at King Edward Memorial Park, E1.

What's on where at half-term



Vicious Vampires,

Weds-Fri, Oct 29-31. 11am-1pm all days, + 1-3pm Thurs. £7, £5 under-15s, plus concs. Blizard Institute, 4 Newark Street, E1.

www.centreofthecell.org

Ragged School Museum

> Spook-tastic family fun Free Halloween activities including arts, crafts, face painting and dressing up for ages up to 11, plus under-5s play area and Towpath

Café All welcome. Weds & Thurs. Oct 29 & 30. 10am-5pm, drop in any time.

46-50 Copperfield Road, E3. 8980 6405 www.raggedschoolmuseum. org.uk

Half Moon

The Story Giant

Musical adaptation of Brian Patten's book exploring folklore, myth and fairy tales from around the world. For ages 7+. £6. Thurs-Sat, Oct 27-Nov 1. Times vary 7709 8900 www.halfmoon.org.uk

(Left) Victorian fun at the Ragged School Museum in Mile End

(Right) The Story Giant, a musical exploring myth and folklore, comes to the Half Moon theatre















Web: www.dreammakerdaynursery.co.uk

Twitter: @DreamMakercouk



Catch the pigeon at the V&A

At Mission: carrier pigeon, kids can deliver a secret message and help rescue the V&A Museum of Childhood Museum's toys this half-term, in World War I themed events.

WWW.MUSEUMOFCHILDHOOD.ORG.UK

Get on your bike!

Sporting youngsters can take advantage of BMX bike sessions over half-term in Mile End Park.

SEE BELOW

What's on where at half-term

V&A Museum of Childhood

Wizz-Bangs & Pipsqueaks

World War I themed activities including storytelling, dressing up and medal-making. Free, for all ages.

Mon-Fri, Oct-27-31. 10.30am-4pm, drop in any time. Cambridge Heath Road, E2. 8983 5200

www.museumofchildhood.

Museum of London Docklands

Half-term beasts

Sessions for different age groups including beastly rhymes, wonderful whales, phantom beasts, the beast of the river and making puppet beasts. Free. Mon-Sat, Oct 27-Nov 1.

Times vary. No. 1 Warehouse, West India Quay, E14. 7001 9844 www.museumoflondon.org.

Geffrye Museum Happy Birthday to the Geffrye

Join in 100th anniversary celebrations of the museum and 300th of the almshouses with activities for ages 2-16. Bake treats, create party-wares and make decorations. Plus other activities varying each day. Tues-Fri, Oct 28-31. 10.30am-12.30pm & 2-4pm. 136 Kingsland Road, E2.

Wilton's Music

www.geffrye-museum.org.uk

7739 9893

Alice in Wonderland

Activities based on Lewis Carroll's children's stories featuring magical creations, handmade puppets and characters. Suited to young children. £8/£5. Weds-Sat, Oct 29-Nov 1. 2.30pm & 4.30pm Wilton's Music Hall, Graces Alley, E1. www.wiltons.org.uk

Join R3cycler to solve an intergalactic puzzle

FAMILIES can have fun this help to find clues to solve an half-term at recycling trea- intergalactic puzzle. sure hunts in the parks.

R3cycler, the mini recycling robot, will be hosting the free hunts between 11am and 3pm at five parks. Joined by astronaut Ed, R3cycler is asking children for

Solve the puzzle and receive prizes including children's space books, bags, water bottles and magnets.

The treasure hunts are at Weavers Fields, E2 on Monday, October 27; Mile End Park (near Ariana Restaurant), E1 on Tuesday; the Hub Building, Victoria Park on Wednesday; St John's Park, Manchester Road, E14 on Thursday; and King Edward Memorial Park, Wapping on Friday.

The treasure hunts are being run by the council's recycling partner Veolia. For more information visit www.towerhamlets. gov.uk/recycling or email heather. millen@veolia.com

(Left) R3cycler, the mini recycling robot

Bikes, books and black history...

BY SHALINA HUSSAIN

KEEP youngsters entertained during this week's half-term holiday with free fun activities.

Sporty young people can take advantage of BMX bike sessions in Mile End Park from Monday to Friday.

There will be four sessions held each day at the BMX track for different age groups including a girls-only session for 11 years plus, hosted by the council and Tower Hamlets BMX Club.

The one-hour sessions are aimed at children aged five to 16. Bikes and safety equipment will be provided. All riders must be confident cyclists. To book a place email pauline.stewart@ towerhamlets.gov.uk or call 7364 2433.

Over at the Idea Stores regular clubs will have a Black History Month theme.

Young people can take advantage of reading clubs (Boys' Book Club on Mondays at 4pm, Girls' Book Club on Tuesdays at 4pm and Teenage Book Club for over-12s on Thursdays at 4pm), Computer Club for under-16s on Wednesdays at 4pm and Art Club every Sunday at 2.15pm for ages six to 12.

Teenagers can learn to rustle up a three-course meal from scratch at the Feed Your Talent workshops running on Thursdays from 4-6pm at the Brady Arts Centre in Hanbury Street, Whitechapel.

This month is dedicated to Caribbean and Brazilian cuisine. Participants can stay on to take part in House of Talent - a series of youth art workshops after the cookery class.

There will be a special fun day on Wednesday, October 29 at Victoria Park, in recognition of being voted the nation's favourite park in the People's Choice Award 2014.

The fun day will include



entertainment for the whole family to enjoy from 11am-3pm. A plaque will also be unveiled to mark the prestigious win.

Black History Month highlights:

■ Sun, Oct 26 – Maya Angelou

& the Cruel Truth – drama playing tribute to the warrior for equality, tolerance and peace. Pinter Studio at Queen Mary University of London, Mile End

- Tues, Oct 28 Where I Belong: presentation - young people will be encouraged to capture autobiographies of their older relatives at the Local History Library from 1-2pm.
- Weds, Oct 29 Mosaic Art at Idea Store Whitechapel from 1-3.30pm.

For more details visit www. towerhamlets.gov.uk/arts

Quicksticks & Hotshots

LEE Valley Hockey and Tennis Centre is running hockey and tennis starter sessions over half-term at Queen Elizabeth Olympic Park, Stratford.

Equipment is provided for the Quicksticks hockey and Hotshots tennis sessions designed for six- to tenyear-olds.

Quicksticks is a fun introduction to hockey and sessions will run from 10am-2pm on Tuesday and Thursday, October 28 & 30.

Hotshots tennis sessions will run the same days from 2.30-4pm.

Pre-booking is required. Call the Lee Valley Centre on 08456 770604 or book at reception. For more details visit www.visitleevalley.org.uk

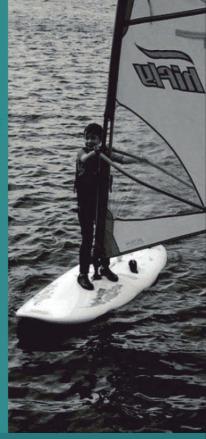
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For your information

Parking to pest control, **TOWER HAMLETS** housing to hate crime

TURN TO PAGES 14 & 15



What is a hate crime?

A hate crime is any criminal offence where the victim is targeted because of their race or ethnicity, religious beliefs, gender, gender identity, disability, age or sexual orientation.

Useful information



No place for hate

News from Andy Bamber, head of the council's safer communities service

EARLIER in the month. events took place across the borough's Idea Stores as part of Hate Crime Awareness Week.

A hate crime is any criminal offence where the victim is targeted because of their race or ethnicity, religious beliefs, gender, gender identity, disability, age, sexual orientation or any other difference.

calling 999 in an emergency or on 101 in a non-emergency situation. Alternatively, victims can contact the council's victim sunport line on 8555 8254 or report it to a third party reporting centre.

To find a centre near you, go to www.towerhamlets.gov. uk/hatecrime

Gender-based crime will be on the agenda for November's Youth Voices conference.

This one-day conference – the first of its kind by any local authority in the UK – aims to raise awareness of gender-based violence and of specialist support services for young people.

By working with young people to develop the conference, the council's community safety team is asking them to help raise awareness and offering professionals ideas and suggestions for how to meet their needs.

We have now held a number of community safety ward surgeries and walkabouts – the next few sessions will also coincide with the launch of the new mobile police office.

This specially-converted van will be able to support police and Tower Hamlets enforcement officers (THEOs) in helping http://tinyurl.com/kwzyndf

prevent crime in the borough.

The vehicle can be mobilised quickly for events or to help police in emergency situations.

It will be used to visit areas where crime is high but reporting low, and at events as a community safety liaison and contact point.

The mobile police office will support officers in busy areas such as Brick Lane on weekend evenings, and be in attendance at safer transport police, community safety and London Fire Brigade awareness open days and events.

Meanwhile, we continue to Crimes should be reported by bear down on anti-social behaviour. New legislation will give victims and communities a say in the way anti-social behaviour is dealt with

> The Community Trigger allows the borough's residents to ask the council to review certain complaints of anti-social behaviour in their local area. The public can complain via the council website, phone, email or in writing.

> Members of the public can log a trigger if they have previously reported three separate incidents over the past six months, including one in the last three months, and no action has been taken.

These trigger requests are then referred to a multi-agency panel. The process is designed to ensure that partners work together to try and address any longstanding anti-social behaviour issues.

The legislation is part of the Anti-social Behaviour, Crime and Policing Act 2014. The Community Trigger can only be used for anti-social behaviour complaints – it cannot be used to report crime, including hate crime.

For more information visit

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.

Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm. Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.

Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

Fairdale, 360 Bethnal Green Road: Mon. Tues. Weds. Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.

Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm. Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays. Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm. Tesco, Hancock Road: Mon 8am-10.3opm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm. Britannia (Perimart). Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

East London Parkinson's Support Group

For people with Parkinson's disease and their carers. Meets third Weds each month, 11am-12pm at John Scurr Community Centre, 1A Bekesbourne St, E14. 0844 225 3704/0808 800 0303

Family Information Service (FIS)

The Family Information Service provides information for people from birth to age 19 including helping parents and carers find childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm. 30 Greatorex Street, E1. fis@towerhamlets.gov.uk 7364 6495

Alzheimer's Society Tower

Advice and help for carers and people with dementia. Mon-Fri, 9am-5pm. Robinson Centre, Mile End Hospital, Bancroft Road, E1. 8121 5626

Tower Hamlets Advocacy

Independent advocates for adults with learning disabilities. Mon-Fri, 9.30am-4.30pm. Gladstone Place, 1 Ewart Place, E3. 7364 2550/2199

Parents Advice Centre (PAC)

Offers advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues & Fri, 9:30am-3.30pm.

LinkAge Plus

An initiative of the Department for Work and Pensions. Toynbee Hall is one of five centres that coordinates services and activities provided. Mon-Fri from 9am-5pm, dropin session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1 7392 2914

www.toynbeehall.org.uk

Free Advice Benefits, housing, immigration. Bengali speakers, home visits to house-bound. Weds, 10.30am-12.30pm, Island House, Roserton Street, E14. Thurs, 1-3pm, Splash, Will Crooks Estate, Poplar High Street, E14.

7987 9379

Skillsmatch

Free advice on all aspects of employment including training, apprenticeships and job vacancies.

Canary Wharf Recruitment & Training Centre, 55 Upper Bank Street, E14.

7364 3727 or email skillsmatch @towerhamlets.gov.uk

Tower Hamlets National **Childbirth Trust**

Offers support, information and friendship to parents and parents-to-be. Regular events. 07976 710964 or towerhamletsnct@yahoo.com www.nct.org.uk

Breastfeeding Support Centres

Mon 11am-1pm Wapping Children's Centre, 15 Chandler St, E1. Weds 12.30-2.30pm, Collingwood Children's Centre, Buckhurst St, E1. Fri 12.30-2.30pm, Overland Children's Centre, 60 Parnell Rd, E3. Sun 2-4pm Barkantine Birth Centre, 121 Westferry Rd, E14. 3594 2591 or 07961 609 626

Free home fire safety advice From the London Fire Brigade

08000 28 44 28

Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

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Careers advice

Tower Hamlets Careers Service Careers advice for ages 13-19 (up

to 25 SEN). Mon-Fri, 1pm-5pm. Appointments available. Careers Centre, 35 Bow Road, E3. 7364 1401

TH Lifelong Learning

Mon-Thurs, 10am-4pm. Shadwell Centre, 455 The Highway, E1.

Careers advice

Support from Civic Enterprise Clubs Co-operative. Tues & Thurs, 1-4pm & 6-9pm Bishopsgate Institute, 230 Bishopsgate, EC2. 07432 463343



Tackle obesity through healthy eating Help for tobacco sellers

Banana Bytes is a project designed to help tackle child obesity in Retailers caught selling tobacco products Tower Hamlets by enabling local children, parents and primary schools to create healthy eating campaigns using digital media.

WWW.BANANABYTES.NET

to underage children are to be given extra guidance through a new panel.

News



A CELEBRITY chef shared his cooking skills with children and parents at Woolmore Primary School in Poplar, as part of a campaign to promote healthy eating. Rakesh Ravindran Nair, head chef of the Cinnamon Club restaurant in Westminster, demonstrated two of his favourite dishes before the children made their own versions. He was supporting the Banana Bytes campaign, started by social enterprise ArtSpokes, to help tackle child obesity in Tower Hamlets. Based at Chrisp Street Market in Poplar, it is a six-month pilot involving five primary schools, giving children, parents and the schools an opportunity to create their own healthy eating scheme using digital media. Rakesh said: "I hope my knowledge and passion for food will inspire families to cook healthy and delicious recipes."

News in brief

Free food training

RESTAURANTS, cafés, takeaways and market stalls that are not yet part of the Food for Health Award (FFHA) scheme have further incentive to get involved with the offer of free training.

Only those businesses which are part of the scheme can take part in the Charter Institute of Environmental Health Level 2 food safety catering course next month for free - it would normally cost £65

The course is part of a number of free training sessions offered by the council under the scheme. They cover subjects such as legislation, food safety, to FareShare, a charity which resrefrigeration, cooking and preventing cross contamination.

The next training runs 9am-5pm at Mile End Hospital, Bancroft Road, E1. Spaces are

limited. Visit www.tower hamlets.gov.uk/foodforhealth or call 7364 6697 or email **food** safety@towerhamlets.gov.uk

Pupils sell crops

CHILDREN from Phoenix Special School in Bow were among a group of budding fruit and vegetable traders who visited a bustling indoor market as part of its 1,000th year celebrations.

The pupils set up stalls at Borough Market in Southwark to sell seasonal produce which they had grown and nurtured from seed. All the proceeds from their sales were donated cues good food that would otherwise go to waste.

The event marked the on Friday, November 14 from culmination of a partnership between Borough Market and the charity, School Food Matters.

Go smoke-free in your home & car

BY SARAH MCLAUGHLIN

commitment to having a smoke-free home and car.

The council's smoke-free team is spearheading a campaign to get people to consider stopping smoking in their homes and cars, especially those who have babies and children.

Children, babies and other adults are exposed to harmful secondhand tobacco smoke when others smoke in such confined spaces.

Those who pledge to have a smoke-free home and/or car will receive a free goodie bag and the offer of a free home fire safety visit from London Fire Brigade.

Cllr Abdul Asad, cabinet member for health and adult services, said: "We want people to think about the effects they may be having on others through their smoking habits."

Research shows that children whose parents smoke are 90 per

cent more likely to start smoking themselves whereas **RESIDENTS are being** those living in a smoke-free asked to pledge their environment may be healthier 7364 5008 or email healthand and less likely to be sick.

Visit www.towerhamlets. gov.uk/smokefree

For more information call safety@towerhamlets.gov.uk

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EVERY JOURNEY MATTERS

TOWER HAMLETS CAN RECYCLE MORE

www.towerhamlets.gov.uk

Make sure you use the purple bin for your recycling. This will help us to collect good, clean materials that can be recycled into something new.

Don't just reach for the nearest bin; think before you drop it in!



To find out more visit www.towerhamlets.gov.uk or call: 020 7364 5004









Weekend of free events at festival

The Writeidea Festival, the council's flagship reading event, is now in its sixth year and attracts a crop of distinguished writers. It runs from November 14-16 at Idea Store Whitechapel.

Festival speakers

Among those taking part in the Writeidea Festival are Tariq Ali, Owen Jones, Shazia Mirza and Nick Cohen.

WWW.WRITEIDEAFESTIVAL.ORG

News

Exceptional' talents

BY SHALINA HUSSAIN

A SHORT story competition organised by the council has been inundated with entries.

More than 300 manuscripts submitted for the Writeidea Prize have been whittled down to a shortlist of seven with three writers from the borough.

The winner of the competition will be announced at the council's flagship literary festival, Writeidea 2014, over Melanie Whipman from Surrey. the weekend of November 14-16 at Idea Store Whitechapel.

Rowena Macdonald, C G Menon and Farrah Yusuf all range of the short stories. This hail from Tower Hamlets and the remaining four finalists are a difficult task as the entries Andrew Blackman from Kent, were exceptional."



Tracy Fells from West Sussex, Umi Sinha from East Sussex and

Mayor Lutfur Rahman said: "The panel was extremely impressed with the quality and who will walk away with the 2.30pm. To read the stories vismade drawing up the shortlist



Rowena Macdonald

Cllr Shafiqul Haque, cabinet member for culture, added: "I would like to congratulate all of coveted Writeidea Prize."

The judging panel is led by author and Writeidea festival patron Alex Wheatle, who was



Farrah Yusuf

awarded an MBE for services to literature in 2008.

The winner will be anthe writers who entered and nounced on Sunday, November look forward to finding out 16 at an awards ceremony at it www.writeideafestival.org/ writeidea-prize – some stories deal with adult themes and some contain strong language.

Council scoops apprentice award

THE council has won an recorded employment rate. award for helping to create apprenticeships.

Commitments have been new apprenticeships through suppliers, primarily via Tower in London. Hamlets Homes and the IT contractor Agilisys.

A total of 101 apprentices have already been trained by council contractors and the council has secured apprenticeships with employers across a range of sectors including housing, waste, arts, business and ICT.

Collectively, the work has ties possible." supported the borough to achieve its highest ever

The award for best work with supply chains and/or local businesses to create new secured for more than 550 apprenticeships was provided by London Councils, which negotiations with council represents all local authorities

> Deputy Mayor and cabinet member for jobs, skills & enterprise, Cllr Oliur Rahman, said: "Apprenticeships provide an excellent learning and working platform for young people.

> "We are committed to ensuring that our young people have the best training and employment opportuni-

> For information contact Skillsmatch on 7364 3727.



Youth Work Week 2014



MAYOR OF TOWER HAMLETS

Skills for Life

3-9 November 2014

Join the council's youth workers and community organisations in celebrating the achievements of young people across the borough next week.

A series of events, workshops and activities have been planned to empower young people with skills for life.



To get involved or find out what's on near you visit www.towerhamlets.gov.uk/youth

Banned in all forms

"No one shall be held in slavery or servitude; slavery and the slave trade shall be prohibited in all their forms."

UNIVERSAL DECLARATION OF HUMAN RIGHTS 1948



Men, women and children

There is no typical victim of slavery – victims can be men, women and children of all ages. But it is normally more prevalent among vulnerable or socially excluded groups.

WWW.MODERNSLAVERY.CO.UK

News

News in brief Be slave aware

THE Home Office is continuing its campaign to educate the public on the different types of slavery and how to report it.

Victims come from many

different countries, including the UK itself; in 2013, 90 victims were found to be UK nationals.

Modern slavery includes child trafficking, forced labour, debt bondage, sexual exploitation and domestic servitude.

If you suspect slavery near you, call the police helpline on 0800 0121 700 or visit https://modernslavery.co.uk/

Victims will be referred on and receive the appropriate support.

Post office revamp

CUBITT Town post office, in Castalia Square on the Isle of Dogs, is to be modernised, with work due to start next month.

The branch is expected to be closed from 5.30pm on Monday,

November 10 for the improvements to be carried out, and should be re-open for business on Friday, November 21 at 1pm.

Keith Long, area manager for the Post Office, said the refurbished branch would be open for longer and offer the same services, with the addition of car tax renewal.

Traders elected

MEMBERS of Whitechapel Traders Association elected a new committee for 2014-16 at a recent meeting.

The president is Md Kawsar Hussain; general secretary, Syed Akamotali; and treasurer, Eng M A Hannan.

Fun run hundreds

HUNDREDS of people converged on Mile End Stadium to take part in a fun run in aid of blind and partially sighted people.

The RNIB Glow 3k event was held after dark on October 17, one of several UK runs inspired by the colourful full moon parties of Thailand to raise money for the RNIB charity.

Participants were able to run, walk or even dance their way around the track under the UV lights while being sprayed with luminous paint along the way.

New care firm

A NEW company specialising in providing care for older people in their own homes has opened in Canary Wharf.

Isle of Dogs resident Fahima Khatun has set up Home Instead and aims to create 50 new jobs.

Fahima, who has lived on the Island all her life, is looking for compassionate people to work with her – for more information call 3713 3161 or visit www.homeinstead.co. uk/canarywharf

Have your say

on the proposal for a new tunnel under the Thames at Silvertown

We'd like your opinion on a new tunnel at Silvertown, which is part of a package of proposed river crossings. The new tunnel will:

- Provide a new road crossing across the Thames
- Reduce queuing at the Blackwall Tunnel
- Support the creation of new jobs and homes
- Create the opportunity for new public transport connections

We'd also like your views on a range of charging options that are being proposed for the Blackwall and Silvertown Tunnels, once the Silvertown Tunnel opens in the early 2020s. This would help manage demand and fund the new tunnel.

To find out more please visit tfl.gov.uk/silvertown-tunnel or go to your local roadshow:

Idea Store Chrisp Street, I Vesey Path, East India Dock Road, E14 6BT Saturday | November, 11:00-16:00

The consultation ends 19 December 2014



MAYOR OF LONDON





Abdi with Lawrence Dallaglio and Stuart Block

Abdi rises to challenge

sight rode a tandem with his teacher in a 60km charity cycle ride.

Abdirahman Ibrahin, a year 11 pupil at Morpeth School, Bethnal Green, and his teacher Stuart Block joined 60 other cyclists for the Dallaglio Cycle

The race was organised by the Dallaglio Foundation started by former England rugby captain Lawrence Dallaglio, which uses rugby to support children in pupil referral units.

And it was one of a few firsts for Abdi – as well as never having ridden a tandem before, he had never been to the countryside and the route – from Maid-

A TEENAGER with partial enhead in Berkshire to the Twickenham rugby stadium in west London – was ten times further than he had ever previously cycled. He also got to meet Lawrence.

> "By the time we reached the rugby ground with more than 60 other riders in a big group, I was exhausted but very happy," he said.

"I thoroughly enjoyed the journey as it was challenging, fun, exciting and for charity.

"I wanted to raise lots of money for pupils in referral units to help them stay out of trouble.

Anyone interested in sponsoring Abdi can donate at http://tinyurl.com/qcltart



Plucky, witty cinematic heroes During the Second World War... the plucky Cockney, who

would see Hitler off with a sarcastic comment and a boot up the backside, was everywhere in patriotic films.

SEE BELOW

Got a story to tell? If you have a tale about East End history, write to John Rennie or email him at johnrennie@gmail.com

WWW.EASTLONDONHISTORY.COM

History

Search for Cockney clichés reveals snobbery and racism

BY JOHN RENNIE

THE Graphic was one of a host of illustrated newspapers that sprung up in London in the latter years of the 19th century, as more efficient printing processes and the abolition of newspaper taxes and duties on paper made the mass production of newspapers profitable.

The mainstay of the editorial was crime, intrigue and scandal... not much has changed in the British public's tastes in a century and a half.

Colour came from the illustrations expertly dashed-off impressions of the Ripper's latest victim, or the Tichborne Claimant in the courtroom.

The lurid pictures were only matched by the highly coloured (if sometimes low-tone) copy. And the East End was a happy hunting ground for The Graphic's reporters. With its mix of races and cultures, squalor, crime and desperate people living on the margins, there was always sensation to be found

One of the most fertile sources of stories were the police stations and courts, and in a lavishly illustrated piece of 1887, the paper painted a picture of the people gathered in and around the police station in Arbour Street, "sandwiched, as it were, between the two great East End arteries: Whitechapel Road and the Commercial Road East".

There the reporters went searching for the true East Ender. But who was this 'Cockney' who was apparently so distinct from the respectable Londoner?

"They are of all aspects – an amphibious and fish-like aspect, a riverside Rogue Riderhood aspect, a Whitechapel thieflike aspect, and a stolid costermonger-like aspect. They are Saturday night faces that one sees not in Belgravia."

They were, in fact, a perfect cross-section of the Whitechapel population, "men from the docks and wharves, broad and burly and fierce, with wonderful whiskers and fur caps.

"Here are foreigners with rings in their ears and knives at their girdles... stranger looking, clad in indescribable garments, from the tattered overcoat of a modern Fagin to the reach-me-down finery of the East End

It's all there. The mix of fascination and horror with which respectable London



viewed the East End, rather like a proxy The Graphic visit to a carnival freak show; the mockery focused largely on of the Cockney exquisite or dandy, a crime and scandal knock-off Beau Brummel; and the unmistakable whiff of racism and anti-Semitism - and did it by touching on characters the readers would know from Charles Dickens' hugely successful serial stories.

Rogue Riderhood is "a low-class waterside character" from Our Mutual Friend, and the journalist chooses one of the great writers more controversial characters – for "modern Fagin" read Jew.

Anti-Semitism was everywhere, if not everywhere accepted. Beatrice Webb, a tireless social worker and philanthropist in the Whitechapel slums alongside her cousin Charles Booth, described East End Jews as "grasping" and "profit-seeking" (Beatrice came from a family who had grown rich

And journalist Arnold White, who turned his investigations in Whitechapel into the book The Problems of a Great City, in 1886, went a step further.

White, who had political pretensions, standing as a Liberal candidate for Mile End that same year, took the typical Victorian



Rogue Riderhood from Our Mutal Friend

view of the East End as a 'problem' to be solved. He narrowed it down. The problem with the East End, decided White, was

White's writing portrayed East End Jews as "dirty" and "insanitary". He campaigned furiously to stop the influx of Jews from Russia. In an eccentric ploy, he gathered a group of newly arrived Jewish immigrants (or "greeners"), handpicking the apparently dimmest and most dissolute, to appear before a Commons committee.

In return for perjuring themselves, admitting to imaginary crimes and perversions, he promised them help in returning home or onward to America.

It was a crude device, and expertly dismantled by his opposing number, the Tower Hamlets MP Samuel Montagu.

White would carry on his campaign until his death in the 1920s, becoming an enthusiastic supporter of eugenics.

Montagu meanwhile, who represented the consituency from 1885 until 1901, fought a constant battle, meeting hysteria with common sense.

A couple of years later he would be writing to the London press to defuse the anti-Semitic hysteria around the Whitechapel Murders, and the hunt for an easy scapegoat.

The Irish, though they blended in more easily than "dark-bearded men in Russian-Polish dress", got a similarly rough ride.

To Charles Booth "neither the Irish nor their [Catholic] faith had much to commend them". Rather disheartening to be described by a journalist as "that worst and lowest state of all, that lowest deep beneath even imagination cannot conceive a

lower – that sink of moral pollution in which wallow the lowest dregs of English society".

Pretty low then, though the writer did admit that "the vast army of Irish toil or Irish misery" concentrated in Bethnal Green and Whitechapel had been forced there by "the accursed Land system" which had driven them from Ireland.

And there was some romanticisation in the picture Henry Mayhew drew from interviewing Irish people in the 1850s.

"These girls have a yellow, oily look and are... slight and delicate, but they can carry immense loads of sacking on their heads?

And at the height of the Whitechapel Murders, speculation mounted that the killer might be an Irish immigrant.

It seemed the maniac must be an outsider (toffs and doctors and visiting sailors were other popular suspects). Heaven forbid it was an indigenous East Ender.

But still... all reporters seemed to find in the East End was the despised lower-class foreigner. So where could you find the chirpy Cockney of popular myth?

By the late 1800s the music hall was the entertainment of choice, with the middle and upper classes coming down to Whitechapel to consume a very English construction - the cheeky chappy (or woman) on stage, singing bawdy songs, cracking risque jokes and taking the mickey out of the poverty in which they found themselves. Mocking the coppers, doing moonlight flits when the rent was due, and always looking after his own (while enjoying quite a lot to drink).

This character (which in fact owed plenty to Jewish wisecracking humour) was refined over the early decades of the new century, and became a staple of movies up to and during the Second World War.

During that conflict, the plucky Cockney, who would see Hitler off with a sarcastic comment and a boot up the backside, was everywhere in patriotic films.

He and she were the "archetypal Cockneys" - always a bit of an invention and now lost to time as much as the Huguenots, the Irish and Jewish incomers, and the multitude of others. The East End, as ever, was changing all the time.

■ With thanks to London's Shadows: The Dark Side of the Victorian City by Drew D Gray, published by Bloomsbury

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at

WWW.TOWERHAMLETS.GOV.UK

Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.tower hamlets. gov.uk/data/ your-council/data/forwardplan/forward-plan.cfm

Meetings More information on 7364 4651

There are currently no meetings planned in the week of October 27-31.

Tuesday, November 4 6.30pm: Licensing

sub-committee For details call 7364 4120 or

email simmi.yesmin@tower hamlets.gov.uk 7.15pm: Overview & scrutiny

committee

Details on 7364 4333 or email angus.taylor@towerhamlets.

Wednesday, November 5 5.30pm: Cabinet

or email matthew.mannion @towerhamlets.gov.uk

Thursday, November 6 7pm: Strategic development committee

Details from 7364 4877 or email zoe.folley@tower hamlets.gov.uk

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except cabinet.

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Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling
- report an abandoned vehicle
- bulk rubbish collections

Planning

Land at Fakruddin Street & Pedley Street application for non-material amendment of planning permission ref: PA/12/02228, dated

Land at Royal Mint Street, Mansell Street & Chamber Street, Royal Mint Street -

application for non-material amendment of planning ref: PA/13/01527, permission dated

386 Bethnal Green Road - mansard roof extension. rear extensions and conversion of four studio flats into a four-bedroom family dwelling.

11 Wheat Sheaf Close – application for prior approval for single-storey rear extension up to five metres.

12 Wheat Sheaf Close – application for prior approval for single-storey rear extension up to five metres.

Drug treatment providers

Community Drug Team

Substitute prescribing, key working, health screening & referral to residential treatment. 71 Johnson Street, E1. 7790 1344 www.lifeline.org.uk

Support with a focus on Bangladeshi community. The Davenant Centre, 179-181 Whitechapel Road, E1 7377 0676.

Harbour Recovery Centre

In-patient detox for 18+ males. Riverside House 4th Floor 20 Garford Street, E14. 7538 9421

Young People's Service

Treatment for under-19s Unit 26, Skyline Village, Limeharbour, E14. 3069 7878 www.lifeline.org.uk

For women aged over 18 c/o Hopetown Hostel. 60 Old Montague Street, E1. 7426 0399 www.compass-uk.org

Community Alcohol Team

Unit 22, Skylines Village Limeharbour, E14. 0800 008 7200 www.rapt.org.uk

Somali Substance Misuse

Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3.

New panel to combat underage tobacco sales

BY SARAH MCLAUGHLIN

RETAILERS who are caught selling tobacco products to underage children and young people are to be given additional guidance through a new tobacco panel set up by the council.

The panel is aimed at combating the problem of underage tobacco sales in the borough. It is illegal to sell cigarettes and tobacco-related products to children and young people under the age of 18.

It will be convened to hear the defence of retailers who have committed an underage sales offence involving tobacco for the first time

During the panel meeting, the business will have the chance to discuss the incident and how to avoid future occurrences.

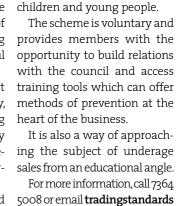
It is a chance for businesses to put their side of the story and discuss ways of preventing further offences before a decision is made on how to proceed with the case.



Mayor Lutfur Rahman said: "Tackling the sale of tobacco to children in Tower Hamlets is high on our agenda and we take this offence very seriously. We feel that opening the lines of communication and providing educational support is helpful in certain circumstances.'

Cllr Ohid Ahmed, cabinet member for community safety, said: "We hope that supporting local businesses in this way will help us all work towards reducing the incidents of underage sales in the long term."

Last year the council launched the underage sales and re-



01434 634996

sponsible trader scheme to tack-

le the sale of age restricted

goods, such as cigarettes, alco-

hol, aerosol paint and blades to











Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK



Twenty's plenty

The council wants to hear your views about a proposed 20mph speed limit.

WWW.TOWERHAMLETS.GOV.UK

Council information

Town Hall

Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG. 7364 5000

Hotline numbers

Housing benefits - 7364 5001 Council tax - 7364 5002 Parking services - 7364 5003 Streetline - 7364 5004 Adult social care - 7364 5005 Children's services - 7364 5006 Pest and noise nuisance -7364 5007

Employment & skills service (Skillsmatch) - 7364 3727 Environmental health, trading standards & licensing -7364 5008

Planning & development -7364 5009

Business rates - 7364 5010 Recruitment line – 7364 5011 Electoral services – 7364 0872 Tower Hamlets Homes - 7364

Healthline - 7364 5016

General enquiries

Council enquiries - 7364 5020.

Useful housing numbers

Housing repairs - 0800 376 1637 Tenancy support - 7364 5544 Housing advice (E14) - 7364 7507 Housing advice (E1, E2 or E3) -7364 3558

Homeless service - 7364 7474 Choice-based lettings

-7364 0244

Homeseekers - 0845 270 2400

Switchboard

If you know the name of the person or department, call the switchboard on 7364 5000.

Do you know where to find this feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news @towerhamlets. gov.uk or send them to Photo Poser, East End Life. Town Hall. Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.



Report it!

To report an incident, use these 24-hour freephone numbers: Non-emergency crimes – 101 Textphone - 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic **violence team** can provide information, signposting and referrals to local services. Bengali speakers available

0800 279 5434 (office hours) 24-hour domestic violence national helpline 0808 2000 247

Haven Whitechapel (sexual assault referral centre) 7247 4787

Karma Nirvana (Honour **Network Helpline)** 0800 5999 247

Broken Rainbow (LGBT domestic violence) 0845 260 4460

Black Women's Health & Family Support 8980 3503

Rights of Women

(legal advice) 7251 6577

Victim Support Line

0845 30 30 900 **Victim Support Tower** Hamlets

8555 8254

NSPCC Child Protection Helpline

0800 800 5000 **Childline**

0800 1111 **Shelterline**

0808 800 4444

Respect (for perpetrators) 0845 122 8609

Reunite (advice about child abduction) 0116 2556 234

Men's Advice Helpline 0808 8010 327 **Samaritans**

08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict

Free service for council tenants and leaseholders. 7702 8305

Trading standards

Consumer Direct: 08454 040506

Walk-in services One Stop Shops

Bethnal Green - 1 Rushmead, off Bethnal Green Road, E2 Bow & North Poplar - John Onslow House, 1 Ewart Place, E3 South Poplar – 15 Market Square, Chrisp Street, E14 Stepney& Wapping -Idea Store Watney Market, 260 Commercial Road, E1. Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store

Idea Stores

Watney Market only.

Bow – Gladstone Place, E₃. Canary Wharf – Churchill Place, Canary Wharf, E14. Chrisp Street – Vesey Path, E14. Whitechapel – 321 Whitechapel Road, E1. 7364 4332 Watney Market – Commercial E1. 7364 4332 All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries Bethnal Green – Cambridge Heath Road, E2. 8980 3902 **Cubitt Town** – Strattondale Street, E14. 7987 3152 All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm. Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm. 7364 1290; email localhistory @towerhamlets.gov.uk

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মাইল এন্ড চিলডেুন্স সেন্টার উদ্বোধন

বারার বাসিন্দাদের জন্য সাশ্রয়ী মূল্যে চাইল্ডকেয়ার সার্ভিস প্রদানের লক্ষ্যে আরেকটি নতুন চিলড্রেন্স সেন্টার উদ্বোধন করা হয়েছে। গত সপ্তাহে মাইল এন্ড চিলড্রেনস সেন্টারটি আনুষ্ঠানিকভাবে উদ্বোধন করেন মেয়র লুতফুর রহমান। এ উপলক্ষে সেন্টারে আয়োজিত হেলথ এন্ড ওয়েলবিয়িং ডে অনুষ্ঠানেও মেয়র যোগ দেন। বিস্তারিত পড়ন নীচে -

MAYOR LAUNCHES NEW MILE END CHILDREN'S CENTRE

Harmony

Xafiiska booliiska wareega ee cusub

New mobile police office – issue 1032

booliiska wareega ayaa la furay, si dadweynuhu loogu fududeeyo warka dhiilada anshax xumma- naha. da, soo gudbintiisa.

kawnsulku, waxaa si gaar ah loogu sargooyey, in ay dadweynaha toos ula xidhiidhaan, karaan xaaladaha degdega ah. isla markaana uu leeyahay qayb qarsoodi ah oo uu kula xaajoodo. wixii xasaasi ah.

leeyahay laabtob iyo iPad oo uu kormeerka, ee uu hogaaminayo u furan wi-fi si islamarkiiba

culus, waxaanu leeyahay unuga CCTV iyo skiriin haggis ah, oo muujinaysa warka dadwey-

Dhooligooda si degdeg ayaa Xafiiskan oo uu maalgeliyey loogu geedi geli karaa halkii ay dhiilo ka soo yeedho, booliiskana way ka kaalamayn

Booliiska wareegaa waxay marka taageeri doonaan badbaadada bulshada ee kawn-Xafiiskan guurayaa wuxuu sulka iyo barnaamijyada 12 duhurnimo kadib. Cllr Ahmed, isaga oo ay

XAFIIS cusub oo ah loogu soo gudbiyo denbiyada weheliyaan booliiska iyo bartinariskuba

> Kormeeradu way tagayaan dhammaan unugyada gobolka oo dhan, dadka way gudbin karaan waxyaabaha ay ka walaacasan yihiin.

Kulamadu waxay ka dhacayaan xafiiska wareega ee booliiska labadii todobaadba mar maalmaha Jimcahalaga bilaabo 9.30-10.30am. Kormeerkuna wuxuu dhacayaa

Meelaha lagu kulmayo ka eeg bit.ly/1lvBu87



Mayor Lutfur Rahman meets a young visitor

মাইল এন্ড চিলড্রেন্স সেন্টার উদ্বোধন করলেন মেয়র

Mayor launches new Mile End Children's Centre – page 2

বারার বাসিন্দাদের জন্য সাশ্রয়ী মূল্যে চাইল্ডকেয়ার বিনিময় করেন। জোসেফ স্ট্রিটের (অফ বো কমন সার্ভিস প্রদানের লক্ষ্যে আরেকটি নতুন চিলড্রেন্স সেন্টার উদ্বোধন করা হয়েছে।

গত সপ্তাহে মাইল এভ চিলড্রেনস্ সেন্টারটি আনষ্ঠানিকভাবে উদ্বোধন করেন মেয়র লতফর রহমান।

এ উপলক্ষে সেন্টারে আয়োজিত হেলথ এন্ড ওয়েলবিয়িং ডে অনুষ্ঠানেও মেয়র যোগ দেন। গেমস ও ক্রাফটস ইত্যাদি নানা আয়োজনে মেতে অতিথিরা নতুন এই বিল্ডিং ও প্লে গার্ডেনের থাকে। বিভিন্ন অংশ ঘুরে দেখেন ও মেয়রের সাথে মত

লেন, ই৩ ৪জিওয়াই) ৯ বেডে স্কোয়ারে অবস্থিত এই নতন চিলডেন্স সেন্টারে গত ১৬ করছি। আমরা আশা করছি এখানে যে অক্টোবর আয়োজিত অনুষ্ঠানে যোগদানকারীরা সেন্টারের স্টাফদের সাথে কথা বলেন এবং অনেক সফল বয়ে আনবে। সার্ভিস ও এক্টিভিটিজ সম্পর্কে ধারনা লাভ করেন। এসময় বাচ্চারা ডাঙ্গিং ফেস পেইন্টিং গোলাম রব্বানী বলেন, আমাদের সকল বাসিন্দার

অনুষ্ঠানে মেয়র লুতফুর রহমান বলেন, নতুন

মাইল এন্ড চিলড্রেন্স সেন্টার আনুষ্ঠানিকভাবে উদ্বোধন করতে পেরে আমি সম্মানিত বোধ সার্ভিস প্রদান করা হবে, তা সকল বাসিন্দার জন্য

কেবিনেট মেম্বার ফর এড়কেশন, কাউন্সিলর জন্য সামর্থাধীন চাইল্ডকেয়ার সার্ভিস প্রদানে কাউন্সিলের আবেকটি কার্যকর পদক্ষেপ হচ্ছে নতন এই চিলডেন্স সেন্টার

Dugsiga cusub ee Bow

Bow School opened by mayor - issue 1032

BARTINARISKA, aradayda iyo shaqaalaha oo farxad la hortuban ayuu Meeyar Lutfur Rahman, si rasmi ah xadhiga uga jaray dugsiga cusub ee Bow, oo la geliyey lacag dhan £30 milyan.

Dugsiga qaadkiisii waa la libin laabay, islamarkaana dugsigii hore u ahaan jirey wimarkii ugu horeysey.

Waxaa kale oo lagu daray foomka lixaad.

ayaa tidhi: "Dhismahan cajaa'ibka ihi, wuxuu siinayaa carruurta dhiirigelin."

cusubi, macnaheedu waxa dugsiiyada mustaqbalka



ilal keliya, gabadhaa lagu daray, Pupils being interviewed by the media

weeyi, in kawnsulku sannadihii aynu soo dhaafnay in uu dib u Madax dugsiga Cath Smith habayn ku samaynayey 18 dugsi sare, oo ku kacay £300 milyan, oo ah lacagtii dawladda dhexe ugu talogashay,barnaamijka Dhamaystirka dugsigan dhismaha iyo diyaarinta

Dhismayaashan maqbuulka ah ee dugsiga Bow waxaa ku jira garoomada saqafka dushooda ah ee cayaaraha, gooba hadhimada iyo kulanka oo gooni ah. Goobata masraxa ah ee kulmadu waxay qaadin karaan ilaa 350 qof.

Baaga Victoria ayaa dalka ugu wacan

Victoria Park is nation's favourite - issue 1032

BAAGA Victoria oo guu- xidho taajka in ay tahay ta ugu leystey in ay tahay ka ugu wacan dalka. wacan baagaga UK.

todobaad ah codayn lagu jirey, dadweynuhu wuxuu codkood-

Hore waxay ugu guuleysatey Kadib markii muddo afar abaalmarin taajka calanka cagaaran, sannadkuu 2012.

35,000 ayaa codka bixiyey ii siiyey baaga dadka oo in ka tartankan oo ay soo qabanbadan 13,000 oo cod siiyey in loo qaabiyey ururka dhawrista badan ayaa la keenayaa.

badaafada Britain. Kawnsulka ayaa qabanqaabinaya damaashaad munaasabad loogu dabaaldegayo warkan fiican, maalinta Arbacda, 29ka

Maweelo iuo madadaalooyin

Two foster carers win national award - page 1

ডিজেবিলিটি রয়েছে এমন বাচ্চাদের দেখভাল করার ক্ষেত্রে বিশেষ ভূমিকা রাখায় টাওয়ার হ্যামলেটসের দুই জন ফস্টার কেয়ারার ন্যাশনাল এওয়ার্ড প্রেয়েছেন। গত ১১ অক্টোবর অনষ্ঠিত ফস্টারটক ফস্টার কেয়ারার এওয়ার্ড অনুষ্ঠানে আউটস্ট্যান্ডিং কমিটমেন্ট ট ফস্টার চিলডেন উইদ ডিজেবিলিটিজ এওয়ার্ড জিতে নেন গার্টরুড ও কীথ টামিংস দম্পতি।

গার্টরুড ও কীথ দম্পতি ফস্টার কেয়ারার হিসেবে টাওয়ার হ্যামলেটস কাউন্সিলের সাথে কাজ করছেন। যেসব বাচ্চাদের অত্যন্ত জটিল স্বাস্থ্যপরিচর্যা প্রয়োজন, তাদেরকে সেই অনুযায়ি পরিচর্যা সেবা প্রদানের ক্ষেত্রে বিশেষ ভূমিকা রাখায় কাউন্সিলের ফস্টারিং ডেভেলপমেন্ট টীম তাদের নাম প্রস্তাব করে।

গার্টরুড তাঁর প্রতিক্রিয়ায় বলেন, যখন আমি শুনালাম আমি এই এওয়ার্ডের জন্য মনোনীত হয়েছি, তখন আমি সত্যিই ভীষন আনন্দিত হই।



Gertrude and keith Tummings



সিসিটিভি অপারেটরদের সহযোগিতায় ধরা পড়লো অপরাধিরা ঐকতান

সিসিটিভি অপারেটরদের দ্রুত সিদ্ধান্ত নেয়ার ফলে গত সপ্তাহে বেথনাল গ্রীনের এক জুয়েলারি শপের গ্লাস ভেঙ্গে মূল্যবান গয়না চুরির সাথে জড়িতদের পাকড়াও করা সম্ভব হয়েছে। ডাকাতির পর দুর্বতদের পালিয়ে যাওয়ার সিসিটিভি ফুটেজ দেখে পুলিশের একটি দল অভিযান চালিয়ে অপরাধীদের পাকড়াও এবং চুরিকৃত সামগ্রী উদ্ধার করে। বিস্তারিত পড়ন নীচে -

CCTV OPERATORS FOIL SMASH AND GRAB HEIST



Send your Bengali and Somali news to Harmony, East End Life, Town Hall, 5 Clove Crescent, Poplar E14 2BG

Harmony

উদ্ভাবনী প্রজেক্টের জন্য হাউজিং এওয়ার্ড পেলো কাউন্সিল

Tower Hamlets Council commended in housing awards – issue 1032

হোমলেসনেস এওয়ার্ড লাভ করেছে। লন্ডন হাউজিং ফাউন্ডেশন, লন্ডনের সকল বারার পক্ষে লন্ডন কাউন্সিলস এবং চ্যারিটি সংস্থা শেল্টার এওয়ার্ড এর আয়োজন করেছে।

হোমলেস বা গৃহহীনদের আবাসন দেয়ার জন্যে কাউন্সিল রুটস টু রুটস সার্ভিস চালু করছে যা প্রভিডেন্স রো। এই প্রকল্পের অন্যতম লক্ষ্য হচ্ছে, বারার বাইরে থেকে আসা রোগীদের পুণঃআবাস-নের ব্যবস্থা করতে রাজধানীর হাসপাতালগুলো যে চ্যালেঞ্জ মোকাবেলা করছে, তা নিরসনে কাজ

যে সকল রোগীর হাসপাতাল ত্যাগের সময় অস্তায়ী আবাসনের ব্যবস্থা করে দেয়। টাওয়ার হ্যামলেটস কাউন্সিল এন্ডি লাডলো আসবে, তাদেরকে তাদের নিজস্ব বারায় স্থানান্তর করতে এই সার্ভিস কাজ করছে। এছাডা আবাসনের ব্যবস্থা না থাকার কারনে যেসকল রোগীর হাসপাতাল থেকে ছাডপত্র লাভে দেরী र्योथভाবে এই এভি লাডলো হোমলেসনেস হয়, তাদের সংখ্যা কমিয়ে আনার মাধ্যমে অহেতুক হাসপাতালে বেড ব্লক করে রাখার সংখ্যা কমানোও এই প্রজেক্টের আরেকটি লক্ষ্য।

হোয়াইটচ্যাপল রোডের রয়েল লন্ডন প্রদান করছে আবাসন বিষয়ক চ্যারিটি সংস্থা হসপিটালে চিকিৎসা শেষে প্যাট্রিক নামের এক রোগী এই সার্ভিস থেকে সুফল পেয়েছেন। আমি খুবই গর্বিত। এটি খুবই গুরুত্বপূর্ণ একটি হাসপাতাল যখন দেখলো যে প্যাটিক একজন গহহীন মানুষ, তখন তারা রুটস-টু-রুটস সার্ভিসের সাহায্য নেয়। এই সার্ভিসের আওতায় প্যাট্রিককে হ্যাকনি এলাকায়

প্রোভিডেন্স রো সাপোর্ট ওয়ার্কারদের সম্পর্কে

মন্তব্য করতে গিয়ে প্যাটিক বলেন, পাওলিনা আমাকে দেখতে প্রতি দুই দিন পর পর হাসপাতালে আসতো। সে আমার সব তথ্য নিলো এবং হাসপাতাল ত্যাগের পর কোথাও থাকার ব্যবস্থা করে দিলো।

মেয়র লুতফুর রহমান বলেন, হোমলেস বা গৃহহীনদের নিয়ে টাওয়ার হ্যামলেটসের কাজ লন্ডনের জন্য আলোকবর্তিকায় পরিণত হওয়ায় প্রজেন্ট এবং মানষের জীবনে এর প্রভাব অপরিসীম। এই প্রজেক্টের সাথে সংশ্রিষ্ট সকলকে আমি তাদের কঠোর পরিশ্রমের জন্য অভিনন্দন

কেবিনেট মেম্বাব ফব হাউজিং এন্ড ডেভেলপমেন্ট, কাউন্সিলর রাবিনা খান বলেন, এই প্রজেক্ট সত্যিকার অর্থেই অনপ্রেরনীয় । কারণ চিকিৎসার কারণে যারা টাওয়ার হ্যামলেটসে এসে গহহীন অবস্থায় পডছে. তাদেরকে তাদের শিকড়ে ফিরে যেতে এই প্রজেক্টের মাধ্যমে সহযোগিতা করা হয়। প্রজেক্টের সাথে সম্পক্ত সকলকে আমি আন্তরিকভাবে অভিনন্দন জানাচ্ছি।

চ্যারিটি সংস্থা প্রোভিডেন্স রো এর চীফ এক্সিকিউটিভ প্যাম ওরচার্ড বলেন অতীতে হোমলেস রোগীরা হাসপাতাল থেকে ছাড়া পাওয়ার পর রাস্তায় ঘমাতে হতো। এই সার্ভিস হাসপাতাল ও রোগীর সাথে যৌথভাবে কাজ করার মাধ্যমে এমনটা যাতে না নয় তা

News in brief

উঠতি লেখকদের জন্যে রাইট আইডিয়া পুরস্কার

লেখিতে উৎসাহিত করার জন্যে রাইটআইডিয়া নামে ছোট গল্প লেখা প্রতিযোগিতার আয়োজন করেছে। এই প্রতিযোগিতায় সর্বমোট ৩গগটি পান্ডুলিপি জমা পড়ে।

কাউন্সিলের জনপ্রিয় সাহিত্য উৎসব রাইট আইডিয়া ২০১৪ আগামী ১৪-১৫ নভেম্বর হোয়াইটচ্যাপল আইডিয়া স্টোরে অনুষ্ঠিত হবে. যেখানে ছোট গল্প লেখা প্রতিযোগিতায় বিজয়ীদের নাম ঘোষনা করা হবে।

বারার যে তিনজন লেখক এর লেখা চডান্ত তালিকায় স্থান পেয়েছে, তারা হলেন রোয়েনা ম্যাকডোনাল্ড, সিজি মেনন, ফারাহ ইউসফ।

মেয়র লুৎফুর রহমান এ ব্যাপারে মন্তব্য করতে গিয়ে বলেছেন, মান সম্মত লেখা দেখে বিচারক-মন্ডলি অভিভূত হয়েছেন। তারা লেখকদের শর্টলিস্ট করতে হিমশিম খেয়েছেন। আমি আনন্দিত যে বারার মধ্য থেকে ৩ জনকে চূডান্ত তালিকায় নেয়া হয়েছে।

লীড মেম্বার ফর কালচার, কাউন্সিলর শফিকল হক বলেন, প্রতিযোগিতায় অংশগ্রহণকারী সকল লেখকদের ধন্যবাদ জানাচ্ছি এবং এখন অপেক্ষায় আছি কে রাইটআইডিয়া পরস্কার অর্জন করতে যাচ্ছেন তা দেখার জন্য।

লেখক আলেক্স হুইটল সাহিত্যাংগনে কৃতি-

ত্বের স্বাক্ষর রাখার জন্যে রানী কর্ত্তৃক এমবিই খেতাব অর্জন করেছিলেন। তিনি এই প্রতিযোগিতায় বিচারকমন্ডলির নেতৃত্ব দেন। আগামি ১৬ই নভেম্বর রবিবার অপরাহ্ন ২:৩০ মিনিটে এক অনুষ্ঠানের মাধ্যমে বিজয়ীকে প্রস্কার প্রদান করা হবে।

বো'র একটি ফার্নিচার ওয়ারহাউজে অগ্নিকান্ড

বো'র মোনিয়ার রোডে অবস্থিত একটি ওয়ারহাউজে গত ২০ অক্টোবর সংঘটিত অগ্নিকান্ডের ঘটনা ঘটে। খবর পেয়ে দমকল বাহিনির ৬টি গাড়ি ও ৩৫ জন ফায়ারফাইটার তিন ঘন্টার চেষ্টা চালিয়ে আগুন নিয়ন্ত্রনে আনেন।

ভয়াবহ এই অগ্নিকান্ডের ফলে দ্বিতল বিশিষ্ট এই ফার্নিচার ওয়ারহাউজটি প্রায় ধ্বংস হয়ে গেছে। তবে কেউ হতাহত কিংবা নিকটবর্তী কোন বাডিঘরের ক্ষতি হয়নি।

ফায়ার বিগেড ২০ অক্টোবর সোমবার সকাল ৮.১৫টার দিকে আগুন লাগার খবর পায় এবং চারটি ফায়ার স্টেশনের ত্রুরা দ্রুত অকুস্থলে ছুটে

আগুন লাগার কারণ অনুসন্ধান করা হচ্ছে।

■ The above stories are: short story competition - page 11: warehouse fire - page 3.

সিসিটিভি অপারেটরদের সহযোগিতায় ধরা পড়লো জুয়েলারি শপে ডাকাতির সাথে জড়িতরা CCTV operators foil smash and grab heist - issue 1032

টাওয়ার হ্যামলেটস্ সিসিটিভি অপারেটরদের দ্রুত দোকানের কর্মচারীরা ৯৯৯ কল করলে করে যাচ্ছি, তা আবারও প্রমাণিত হলো। সিদ্ধান্ত নেয়ার ফলে গত সপ্তাহে বেথনাল গ্রীনের গয়না চুরির সাথে জডিতদের পাকডাও করা সম্ভব হয়েছে।

৯ অক্টোবর বৃহস্পতিবার সকালে মোটর-বাইক আরোহী একদল চোর বেথনাল গ্রীণ রোডের এটেনবরা জুয়েলার্স এ কাঁচের জানালা ভেঙ্গে প্রায় ১৫ হাজার পাউন্ডের অলংকার সামগ্রী নিয়ে সটকে পড়ে।

কিন্ত কাউন্সিলের সিসিটিভি অপারেটররা ওদের পালিয়ে পাওয়ার পথটি অনুস্মরণ করতে থাকেন, যার সত্র ধরে মেটোপলিটান পলিশের একটি দল অভিযান চালিয়ে অপরাধীদের পাকড়াও এবং চুরিকৃত সামগ্রী উদ্ধার করে।

দুর্বৃত্তরা মোটরবাইকে চড়ে জুয়েলারি শপের সামনে আসে এবং বড় হাতুড়ি দিয়ে শপের সামনের কাঁচের জানালা ভেঙ্গে ফেলে। এসময়

পলিশও দত ছটে আসে এবং সিসিটিভি স্টাফদের কমার্শিয়াল রোড ও স্যামন রোডের কর্নার ঘটনা ঘটেছিলো। এবারের মতো ঐ সময়ও পাকডাও করতে সক্ষম হয়।

মেয়র, লুতফুর রহমান বলেন, এই বারাকে অধিকতর নিরাপদ করতে কাউন্সিলের সিসিটিভি অপারেটররা খবই চমৎকার কাজ করে যাচ্ছেন। স্থানীয় বাসিন্দা ও ব্যবসায়ীদের নিরাপত্তা বিধানে সিসিটিভির বহুবিদ সুফলের আরেকটি উদাহরণ হচ্ছে এটি।

কমিউনিটি সেফটি বিষয়ক কেবিনেট মেম্বার, কাউন্সিল অহিদ আহমদ বলেন, ডাকাতদের আইনের আওতায় আনতে বেথনাল গ্রীণ এলাকায় দিতীয়বারের মতো সিসিটিভি ইউনিট কার্যকর ভূমিকা পালন করলো। বারাকে বসবাস. কাজ কিংবা বেডানোর জন্য নিরাপদ জনপদ হিসেবে গড়ে তলতে আমরা যে কঠোর পরিশ্রম

উল্লেখ্য মাস ছয়েক আগে বেথনাল গ্রীণের এবং চরিকত জুয়েলারি সামগ্রী উদ্ধার করে এক জুয়েলারির দোকানের গ্রাস ভেঙ্গে মূল্যবান সহায়তায় পুলিশ সন্দেহভাজন চার ডাকাতকে আরেকটি জুয়েলারিতে একি ধরনের ডাকাতির মালিকের কাছে ফিরিয়ে দিতে কার্যকর ভূমিকা



লন্ডন কাউন্সিলস্ কর্তৃক স্বীকৃতি পেলো এপ্রেন্টিসশিপ স্কীম

Apprenticeship award – page 11

স্থানীয় ব্যবসা প্রতিষ্ঠানের জন্যে নতন আইটি সেক্টরে এজিলাইসিস কন্টাক্ট। এপ্রেন্টিসশিপ সৃষ্ঠি করতে সাপ্লাই চেইনের সাথে খুব ভাল কাজ করার স্বীকৃতি স্বরূপ টাওয়ার হ্যামলেটস কাউন্সিল একটি মর্যাদাপুর্ন পুরস্কার লাভ করেছে।

লন্ডনের সকল কাউন্সিলের প্রতিনিধিত্বশীল সংস্তা লন্ডন কাউন্সিল এই পরস্কার প্রদান করেছে। তরুণদের জন্যে কর্মসংস্থান সৃষ্ঠির লক্ষ্যে কাউন্সিলের পক্ষ থেকে গৃহিত এপ্রেন্টিসশিপ স্কীমকে লন্ডন কাউন্সিল স্বীকৃতি প্রদান করে

কাউন্সিলের সাপ্রায়ারদের সাথে আলোচনার মাধ্যমে প্রায় ৫৫০ টি এপ্রেন্টিসশিপ পদের খাতের টাওয়ার হ্যামলেটস হোমস এবং ট্রেনিংয়ের ব্যবস্থা রেখেছি।"

ইতোমধ্যে ১০১ জন এপ্রেন্টিসশিপকে কাউন্সিলের কন্টাইরেরা নিয়োগ দিয়েছে।

কাউন্সিল সব ধরনের নিয়োগদাতাদের সাথে কাজ করে কর্মসংস্থানের ব্যবস্থা করে থাকে। এর মধ্যে রয়েছে হাউজিং, বর্জা, শিল্পকলা, ব্যবসা ও আইসিটি ইত্যাদি। এই সবের সমন্ত্রিত কর্ম-কান্ডের ফলে বারার বেকারত্বের সংখ্যা হ্রাস

ডেপুটি মেয়র ও কেবিনেট মেম্বার কাউপিলর ওলিউর রহমান বলেন, "তরুণদের জন্যে এপ্রিন্টিসশিপ প্রোগ্রাম কাজ করার ও শেখার একটি মঞ্চ সৃষ্ঠি করেছে। আমরা আমাদের নিশ্চয়তা পাওয়া গেছে। এর মধ্যে রয়েছে হাউজিং তরুণদের জন্যে কর্মসংস্থানের লক্ষ্যে উনুত

Celebrity chef supports the Banana Bytes campaign - page 9

স্বাস্থ্যসম্মত খাবার গ্রহণের বিষয়ে সকলকে সচেতন করে তোলার চলমান ক্যাম্পেইনের অংশ হিসেবে একজন সেলেব্রেটি শেফ পপলারের উলমোর প্রাইমারী স্কুলে শিশু শিক্ষার্থী ও তাদের অভিভাবকদের সামনে তার রন্ধন দক্ষতা তুলে ধরেন। ওয়েস্টমিস্পটার এলাকায় অবস্থিত সিনামন ক্লাব রেস্টুরেন্টের হেড শেফ রাকেশ রাভিন্দ্রন নায়ার তাঁর দু'টি প্রিয় ডিশ তৈরী করে দেখান, যা অনুশ্বরণ করে শিশুরা তাদের নিজস্ব সংস্করন তৈরী করে। টাওয়ার হ্যামলেটসের শিশুদের মুটিয়ে যাওয়া রোধ করতে সামাজিক ব্যবসা আর্টশোকস্ এর উদ্যোগে শুরু হওয়া বানানা বাইটস্ শীর্ষক ক্যাম্পেইনে সহয়তা করছেন সেলেব্রেটি শেফ রাকেশ। তিনি বলেন, আমার অভিজ্ঞতা ও স্বাস্থ্য সমত খাবারের প্রতি আমার আগ্রহ কিচেন, কুকিং হেলদি ও মুখরোচক রেসিপি সম্পর্কে শিশু ও তাদের অভিভাকদের অনুপ্রাণিত করবে।

17

A river runs through it



Walkers enjoy the scenic view along a river path



The ArcelorMittal Orbit looms large in the distance

It is more than a year since Queen Elizabeth Olympic Park opened to visitors and this summer, the public got the chance to explore the park from a different angle, by taking a boat tour.

Now the tours have been extended until December, giving residents the chance to see and hear how the once industrial waterways have been transformed.

East End Life enjoyed one of the trips.

THE area that is now Queen Elizabeth River Trust, said: "The trust's role in the Olympic Park used to have a series of industrial waterways – known as the Bow Back Rivers - running through it.

Ahead of the London 2012 Games, the Canal & River Trust worked with Olympic delivery agencies to build a new lock at Three Mills to control the water levels on the network of rivers and create an environment where new wetland habitats could thrive.

Bio-engineering firm Salix planted 400,000 wetland plants into 11,000 'pillows' and rolls made from coir fibres, and positioned them alongside eight kilometres of riverbank.

In addition 30 species of water plants – such as reeds, rushes, irises, grasses, sedges and wild flowers – were grown at the company's nursery and transplanted to the Olympic Park.

The legacy of the waterways is now apparent as the river is once again a thriving along the route.

sustainable delivery of the Olympic Park was so much bigger than the building of Three Mills Lock and the dredging and habitat work

"Throughout the planning stages we supported numerous authorities with technical, engineering and environmental advice to ensure that there was no detriment to the navigation and that improvements in habitat and water quality were made."

Ms O'Dea said the trust looked forward to seeing the waterways evolve and mature.

East Londoner Josephine Roberts is a commentator on the 45-minute boat tour along the Waterworks River to the River Lea.

En route Josephine explains how the river, bordered by four boroughs, including Tower Hamlets, runs like a spine through the middle of the park.

Visitors can see bridges built using recycled rubble from the park development

The London Aquatics Centre, above, is on boat tour, below.

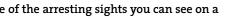
Tours last about 45 minutes and run dail on the hour, subject to tide and weather Stratford Waterfront Pontoon (adjacent to





By the numbers

- 300,000 tonnes of silt, gravel and rubbish were dredged
- 6km of riverbanks replaced or enhanced
- 8km of waterways including the River Lea, Channelsea River & Bow Back River
- 560 acres of parkland
- £20 million spent on new locks
- 400,000 wetland and wildlife plants grown
- 23,000 metres of coir rolls and pallets used
- 30 species of water plants



y between 12 noon and 5pm. They leave conditions. Just turn up and hop on at o the Aquatics Centre).





Wildlife, including swans above, and kingfishers, below right, are benefiting from their new habitat. A red phone box is also visible from the water









Gore galore

The council is backing numerous Halloween events. For details see...

TOWERHAMLETSARTS.ORG.UK



Enter the Orbit of terror

ArcelorMittal Orbit, the UK's tallest sculpture, is hosting a Halloween bash including a spooky family disco, games, treats and fancy dress contest on Friday, October 31 from 3.30pm-5.30pm.

ARCELORMITTALORBIT.COM

Out & about guide

What's on where this week

Kids

Pollyanna Training Theatre

Drama and musical theatre for ages 4-16 in Wapping, E1. 7481 1911

Rhyme time

Thurs, 2-3 pm. Watney Market Library, 30-32 Watney Market, E1. 7790 4039

Young & talented?

Performing arts group for 6-to 16-year olds. Sats, 10.30am-1.30pm, term-time. Oxford House, Derbyshire Street, E2. 8556 5348

Parent & child

Dance play

For parents and children aged 1-5 years. Weds, 10.30-11.30am, term-time only. Cost £2 per child (in adv) or £3.50 drop-in rate,. Language of Dance Trust, Oxford House, Derbyshire Street, E2.

7749 1131

Toyhouse library

Mons, 1.30-3.30pm, Halley Primary School, Halley Street, E14. Tues, 2-3.30pm, Cayley School, Aston Street, E14. Weds, 9.20-10.45am, Harry Roberts Nursery, Harford Street, E1. 1-2pm, TH Opportunity Playgroup, 583 Commercial Road, E1. 9-11am, Old Church Nursery, Walter Terrace, E1. 9-11am, Alice Model Nursery School, 14 Beaumont Grove, E1.

Yoga for pregnancy and mums and babies

Pregnancy class suitable from 14

weeks. Mums and babies classes suitable from six weeks until baby is crawling. 07958 645978

Social

3 Bees Café

Healthy vegetarian and fish dish, served for £3, takeaways available. Tuesdays, 4-8pm. Kingsley Hall Community Centre, Powis Road, E3. 07501 468 193

Birchfield OAPs club

Mon-Fri, 7-9.30pm; Weds, 1-4pm 50 Saltwell Street, E14.

Fern Street Settlement

Fern Street, E₃.

Golden Ladies

Pensioners group for bingo and social. Weds, 2-4pm.
Isle of Dogs Bowls Club, Millwall Park, E14.
7987 6824

Little Spitz' under-5s playgroup

Weds, 10am-12pm, 50p.
Tours and stories.
Spitalfields City Farm, Buxton Street, E1.
7247 8762

Tower Hamlets U3A

Tower Hamlets University of the Third Age offer courses for over-50s to learn t'ai chi, jazz appreciation, history walking and more. £10 yearly membership. St Margaret's House Settlement, 21

Old Ford Road, E2.

7247 4283

Events

Bite at Chrisp Street Market

Alongside the culinary treats and live music at this month's Bite festival, Poplar Film hosts a screening of an interview with Dame Angela Lansbury to mark her 89th birthday. The interview with the grandchild of social campaigner George Lansbury was made on her recent visit to Poplar. Free.

Fri, Oct 31. 12 noon & 1.30pm. Emmaus, Chrisp Street Market, East India Dock Road, E14.

Half-term at the park

Boat tours, free trail guides and a trip up the ArcelorMittal Orbit, the country's tallest sculpture, are on offer. Plus 'clusterbomb' art workshops making miniature concrete desert island gardens. Workshops run on alternate days. Tues-Sat, Oct 28-Nov 1. Workshops at 4pm.

Olympic Park, Stratford, E20. 0800 0722 110

Exhibitions

A London Eye: Three Artists Look

Miranda Benzies, Nicholas Borden and Marc Gooderham offer impressions of London's everchanging landscape, capturing street scenes, personal stories and the capital's architecture. Until Nov 15. Leyden Gallery, 9 Leyden Street, E1. 7655 4825 www.leydengallery.com

Revolver II Part 2: Transverse

Second part of three group



A FRIGHTFULLY fun pair of free activities is being held to mark Halloween. At King Edward Memorial Park, E1, there is a sci-fi twist through an interactive spaceship inhabited by weird and wonderful aliens (left) with interplanetary party games and music from DJ Chewbacca. Bartlett Park, in Poplar, hosts **Monsters From The** Deep, with face painting, crafts and tales from a Pirate School. Emergency Exit Arts are hosts, with the council Fri, Oct 31. 3.30-6pm.

exhibitions about artists working with or making reference to text and publishing. Curated by Prof Michael Newman and Robin Klassnik.
Until Nov 9. Weds-Sun, 12-6pm.
Matt's Gallery, 42-44 Copperfield Road, E3.
8983 1771

MUSIC Sounds of Light

Performers include Maher Zain and Raef & Harris J at the concert in aid of Gaza. Comedian, writer and lecturer Preacher Moss hosts alongside Na'eem Raza from organiser Human Appeal. £10.

Sun, Nov 2. Doors open 5pm. The Troxy, Commercial Road, E1. www.humanappeal.org.uk

Undream'd Shores

A musical spectacular with the Grand Union Orchestra presenting an epic vision of migration and a unified Europe. £12, £6 concs.
Sat, Nov 1 at 7.30pm & Sun, Nov 2 at 5pm.
Hackney Empire, 291 Mare Street, E8.
8985 2424

Theatre

The Infidel – The Musical

Musical adaptation of David Baddiel's film comedy about Mahmoud, played by Armenian comedian Kev Orkian, who discovers that he is adopted and that his birth parents were Jewish. Until Nov 2. £24-£7.

Theatre Royal Stratford East, E15.
8534 0310



You can help make malaria no more by taking part in the Santa run on Sunday 7th December 2014 in Victoria Park, London.



Santa suits are provided to all runners!

SIGN UP TODAY – http://bit.ly/malariasantarun
CONTACT – fundraising@malarianomore.org.uk
020 7801 3840

malarianomore.org.uk

Registered Charity 1126222



An audience with Terence

As well as his Academy Award nomination for Billy Budd in 1962, Terence Stamp is well-known for playing the arch villain General Zod in the films Superman and Superman II.

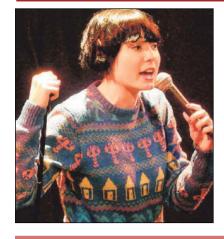


What's on

To keep up to speed with all the arts offerings at Canary Wharf...

FOLLOW @YOURCANARYWHARF

Out & About



A right laugh for all the family

A FAMILY-friendly afternoon dein Canary Wharf.

On Tuesday, October 28, a 90-minute workshop will feature creative writing, nity to tell a few gags and give standsketches and games before the pros take

(left) Comedian Bec Hill is on the bill at the Wharf stand-up night

voted to the art of stand-up workshop, at East Wintergarden in 43 **comedy is being held this week** Bank Street, is tailored for ages seven to 15 and kicks off at 3pm.

> Young people will have an opportuup a go themselves.

> Afterwards the comedy show proper will take place at 6.30pm.

Comics on the bill this year are expect-

over to deliver sets of their own. The ed to include Bec Hill and Matt Green.

Organisers said of the day: "It's family friendly, but in no way childish and there are definitely no clowns or rude

The workshop is £5 per child, the show £7 per person (or £10 for both) while a family option of £24 is available.

To book tickets call 0871 220 2060 (booking fee applies).

News in brief His Stamp on life

STEPNEY-born star Terence Stamp delivered an inspirational speech to students during a visit to the University of East London earlier this month.

The 76-year-old actor, who claimed an Oscar nomination for his role in Billy Budd in 1962, spoke about the trappings of fame and the need for a spiritual approach to the profession.

"You need to focus on your breath and feel the moment. Still to this day, I practise my breathing exercises every morning," Stamp said.

"You cannot change everything in the world but you can focus on making change with-

Stamp, who lived in the East End during World War II, spoke to students from the Arts and Digital Industries School (ADI) at University Square in Stratford.

Jazz Fest in the Mix

THE London Jazz Festival returns to the capital next month.

Highlights of this year's festival, which runs from November 14-23, include New Orleans' supremo Dr John and African pianist Abdullah Ibrahim.

Rich Mix hosts a programme of shows including rising contemporary jazz star Soumik Datta, who plays a set on Wednesday, November 19 (£5 adv.).

On Tuesday, November 18, the centre holds a family-friendly day titled Jazz For featuring morning and afternoon workshops aimed at ages 2-5.

To book tickets for the Rich Mix shows, call the box office on 7613 7498.

Some 360 events are taking place at almost 30 venues. To see the full line up, visit www.efg londonjazzfestival.org.uk

Fright nights

DON'T forget the annual Teeny Halloweeny extravaganza for under-7s this Wednesday, October 29 at Mile End Play Park in Locksley Street from 12-4pm. Older children and grown-ups can do battle with ghosts and ghouls at Ditch the Witch in Mile End and Victoria parks on Friday, October 31 from 6-9pm.

Five decades of minimalism

BY JAMES MARTIN

A RETROSPECTIVE of a celebrated minimalist artist launched in Whitechapel earlier this month - alongside a huge new installation at the Tate Modern.

American Richard Tuttle who shocked the art world of the 1970s after he exhibited a threeinch piece of rope in New York. has recreated some of his most renowned pieces at the Whitechapel Gallery.

The 73-year-old's show is on display at the Whitechapel Gallery until December 14.

Several works from Tuttle's series of the early 70s called Wire Pieces – where he employs materials such as graphite (pencil), nails and florist's wire – are featured.

In his Cloth Pieces of 1967, the artist cut and stitched lengths



of dyed cloth into irregular geometric shapes.

Sculpture, painting and poetry pieces are mixed in the exhibition that spans five decades of Tuttle's work.

A programme of events is running alongside the Whitechapel show.

Earlier in the month, Tuttle gave two talks while another is scheduled for December 3 called The Politics of Fibre.

Four guided tours of the gallery are being held next month.

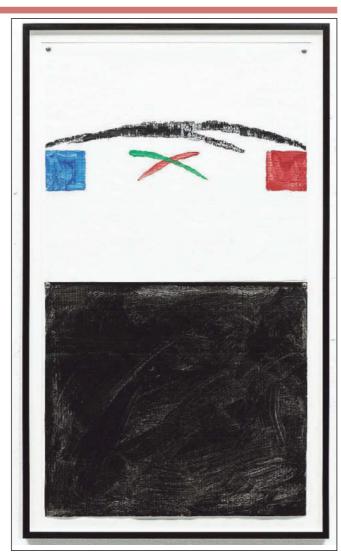
On Tuesday, November 4, assistant curator Poppy Bowers leads a parent and child event which starts at 10am – tickets cost £5.

Evening tours are also being held on November 6 and 13, starting at 7pm.

Richard Tuttle's show is being run in conjunction with a major installation in Tate Modern's Turbine Hall, which is on display until April 2015.

The piece on display is a large suspended construction draped with a mass of coloured fabric and probes ideas of individuality.

I Don't Know or The Weave of Textile Language runs at Whitechapel Gallery, 77-82 Whitechapel High Street, E1.



(Above) Space-is-Concrete, 2005 (Left) Systems, VI, 2011

POST-SURVEDLLANCE ARD

Post Surveillance Art poster/NSA on drugs, 2014

Chisenhale hosts digital pioneer Treister

A LONDON artist considered a pioneer in digital and web-based art is coming to a Bow gallery this week.

Suzanne Treister is set to discuss her most recent project, Post Surveillance Art, at the Chisenhale Gallery on Tuesday, October 28.

The talk is one part of 21st Century, a contemporary programme of performances, screenings, talks and research- role in the development of the

led projects running alongside internet and its development of the studio's current exhibition programme.

On the night, Treister is also expected to revisit her major work HEXEN 2.0. The project, created between

2009 and 2011, charted the increasing presence of intelligence gathering in the Web

In particular the show probed the American government's

programmes of mass control.

Previously the artist, a graduate of St Martin's School of Art, debuted web-based art as a form in the early 1990s.

The talk, which starts at 7pm, is free although pre-booking is strongly advised.

Visit chisenhale.event brite. co.uk to make a reservation.

Chisenhale Gallery is a nonprofit contemporary art gallery based at 64 Chisenhale Road, E3.





Find all the clues around the park to receive prizes such as children's space books, bags, water bottles, magnets and more.





At a park near you on the following days from 11am to 3pm Monday 27th October - Weavers Fields Tuesday 28th October - Mile End Park by Ariana Restaurant

Wednesday 29th October - Victoria Park, Crown Gate East Thursday 30th October - St. John's Park on Manchester Road

Friday 31st October - King Edward Memorial Park



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www.londonsciencefestival.com

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Healthy way to prevent cancer

World Cancer Research Fund is dedicated to the prevention of cancer through the promotion of healthy diet and nutrition, physical activity and weight management.

WWW.WCRF-UK.ORG

Yummy scrummy

Restaurant reviews are a popular feature of East End Life. If you would like to advertise on this page,

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Eating out, eating in

How the other half live

BY AVARICIOUS ARCHIE

TONIGHT, I'm finding out how the other half live (well, more like the top five per cent but this is a restaurant review not a political polemic so I'll stop there).

I venture with my beau to meet up with my bro and his friends, who have spent half the evening sampling and blending aged whiskies.

They had a very merry time and were ready to dine. So off we trot towards Le Secret Des Rotisseurs, which had been described to me as a grandiose version of Nandos

When we arrived, it was approaching 9.30 and we were advised that there were only 1.5 chickens left, which might seem odd but was relevant because of the care, attention and lengthy cooking process that tablishment, there was a varied Definitely worth the extra 20 each bird goes through.

As two of our party had previewed the menu and set their hearts on the ribeye steak (an additional 20 year advertised and so an alminutes cooking time), we would be just about fine on the chicken front



Le Secret Des Rotisseurs, a grandiose version of Nandos

and three of us chose a set the menu. menu of either a half or quarter chicken with a side – I ordered a side of terrine.

There was an earnest and erudite conversation about the wine as, this being a French esand good choice.

The discussion was further protracted when the bottle that appeared was not from the ternative had to be chosen.

The starters on arrival were very good and, although not We were seated and invited huge, were very tasty with

steaks were speedily ordered gether. A good introduction to visit worthwhile. However, it

Our mains arrived promptly and were simply delicious. The steaks were reported as good as requested medium rare and by all accounts succulent and almost melt in the mouth tender.

Not being a particular fan of rotisserie chicken (I always believe I can do it better and more economically at home), I have to admit that mine was a revelation – moist, tasty and full of

to make our selections. Two fresh ingredients well put to- ion but it definitely made the Wharf. Tel: 7719 0950.

was the fries that were the star - crisp and crunchy while retaining some fluffiness, a real joy to eat. All the accompaniments were nice but nothing matched the fries.

Le Secret Des Rotisseurs is not a cheap night out but if you deduct the expensive (but not extortionate according to my compadres) wine and the pricey, but again for the locale not overly so, steaks which accounted for almost half the bill it is still well worth a visit.

Le Secret Des Rotisseurs is at Not sure it changed my opin- 37 West Ferry Circus, Canary

Keen as mustard

AS the first charity to create awareness of the link between diet and cancer risk, World Cancer Research Fund produces all kinds of healthy recipes - including offerings for the Great Grub Club, a free club for 4to 7-year-olds in Tower Hamlets and Hackney.

On joining, kids receive the Passport to Good Health membership pack and a free quarterly magazine to help them develop healthy habits. For more information visit www.greatgrubclub. com or to sign up call 7343 4200 or email foodsmart@wcrf.org

Bean goulash with mustardy **baby jacket potatoes** – serves 2

Ingredients

BEAN GOULASH Two tsps olive oil 1 medium onion, chopped 1-2 crushed garlic cloves 400g tin chopped tomatoes 400g tin mixed beans, drained and rinsed

200ml low-salt vegetable stock or water

Method

1. Heat the oil in a large non-stick pan and gently fry the onion until it turns translucent. Add the paprika and garlic, and cook for a further three minutes.

2. Stir in the tinned tomatoes, water or stock and mushrooms. Bring to the boil, reduce the heat, and simmer for ten minutes, until some liquid has evaporated. 3. Add the mixed beans and cook for a further two minutes until the beans are piping hot.

100g mushrooms, roughly chopped, or whole button mushrooms

MUSTARDY BABY JACKET POTATORS

4-6 new potatoes (about the size of a large egg), washed 1 tsp olive oil

2 tbsp Dijon or mild mustard

4. For the potatoes, preheat the oven to 180°/360°F/gas mark 4.

5. Cut each potato in half lengthways. Then cut a thin sliver off the base so that the halves stand level. Place on a non-stick baking tray. Using the tip of a knife cut a criss-cross pattern on the cut side of each potato.

6. Combine the olive oil and the mustard and brush onto the cut sides of each potato

7. Bake for 25 – 30 minutes or until the potatoes are tender.

Young and Talented School of Stage and Screen



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ALTMORE DENTAL CARE CANARY WHARF 33-37 Amsterdam Road, Isle of Dogs, E14 3UU NHS new patients welcome to our Practice. Why not save time and have the whole family in one local practice be seen by caring professionals. Private patients welcome Evenings are available on request for private patients. We are offering hygiene visits, 45 mins for £60 for the month of October Full mouth scaling. Care of your gums and teeth, with a professional touch. Why not have a brighter, healthy smile!

Call us now on **020 7515 4600**, find out

what we can offer you and your family





Help to leave homelessness behind

Crisis at Christmas is a lifeline for thousands of homeless people, Cable Street Community Gardens offering support and companionship during the holiday period and the opportunity to leave homelessness behind.

WWW.CRISIS.ORG.UK

Founded by friends

was founded in the 1970s as part of a Friends of the Earth initiative.

WWW.CABLESTREETCOMMUNITYGARDENS.CO.UK

Property

Lend a home to Crisis Christmas campaign

BY JESSICA ODUBAYO

HOMELESSNESS charity Crisis is still looking for large buildings which it can use for its temporary centres for homeless people this Christmas.

Crisis at Christmas runs from December 23-30, with ten centres set to open in London, including Tower Hamlets.

Properties need to be of at least 20,000 sqft in zones 1 & 2 (of the Tube system) and they need to be linked to utilities and have kitchens, lavatories and parking.

They must be available from mid-November at the latest.

Ian Richards, head of Crisis at Christmas. said the charity was careful to leave any building it used in the same state in which it found it.

"Crisis will also pay all necessary costs for running the building during the event including rates, utilities and security along with handling any planning and

Contact 7036 2425 if you can help.

Teams of volunteers, from hairdressers to dog handlers, drivers to dentists, are also needed to help run the centres.

As well as warmth, companionship and hot meals, guests will also receive healthcare and specialist advice on housing, work and benefits.

General volunteers chat to guests, serve food, sort bedding and make sure the



The annual campaign offers some festive cheer to homeless people

centres are welcoming while service volunteers, such as medical professionals. hairdressers and caterers, give guests access to services they would usually miss

Others, such as musicians, artists and sports coaches, share their talents to help create some Christmas cheer in the centres

Crisis chief executive Jon Sparkes said: "By helping to make Christmas happen for homeless people, volunteers can not only bring some much-needed cheer to our guests but also set them up with the chance to have a more positive year ahead."

Go to www.crisis.org.uk/volunteer



Hot drinks being served last year

Enjoy autumn's crowning glory

Tips from Cable Street Community Gardens

THERE is a definite coolness in the air now and the nights are drawing in, but there are still plenty of jobs to do in the garden or on the patio, in readiness for next year.

A lot of gardening involves planning ahead and, literally, preparing the ground.

One of the easiest and hardiest of perennials to grow, which offers a mass of green foliage as well as delicious and healthy fruit/stems, is rhubarb.

The autumn is the ideal time to plant new 'crowns' as they are rhubarb is a very versatile called. Once planted, they last around ten years, so it is important to site well.

Each plant will need about 90 or three plants are usually more than sufficient for most homes. Rhubarb prefers the sun and **CAUTION**: never eat the leaves. moist growing conditions.

They are also very 'hungry' plants and thrive on a wellrotted compost and manure.

Unlike many plants, they need a period of cold to grow well, so strip off leaves as they



die off in the autumn so that the crown is exposed to the frost.

There are many different varieties, some sweeter than others, and some being ready for picking early in the spring. They can also be 'forced' under an upturned pot to speed growth. Ideally, pick the stems when they are young and tender.

Many people are put off rhubarb by memories of tough stringy stalks. Delicious in desserts, sauces, jams and wine, addition, which needs little maintenance during the year – apart from regular picking.

Rhubarb can be grown in cms (3 feet) around it and two large containers, so long as each crown is given sufficient room to spread.

> which contain oxalic acid and can cause illness.

> BENEFITS: rhubarb has long been used for its medicinal properties, including acting as a gentle laxative.

Happy gardening.

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS **ROAD TRAFFIC REGULATION ACT 1984 TEMPORARY PROHIBITION OF TRAFFIC** (WEAVERS FIELDS "FIREWORKS" EVENT) ORDER 2014

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets made the above-mentioned Order under Section 16(A) of the Road Traffic Regulation Act 1984 (as amended by Special Events Act 1994). The effect of the Order will be to prohibit vehicular traffic from entering, stopping and proceeding:

- 1. Between 18:30 hours to 20:30 hours in:
 - Vallance Road between its junction with Bethnal Green Road and its junction with Dunbridge Street;
 - Dunbridge Street, east of its junction with Vallance Road; Hemming Street at its junction with Dunbridge Street;

 - d) Wilmot Street at its junction with Three Colts Lane.
- 2. Between 17:30 hours and 20:30 hours in:
 - Seabright Street, Viaduct Place, Viaduct Street, Hague Street and Derbyshire Street at their junctions with Bethnal Green Road:
 - Derbyshire Street and Voss Street at its junctions with Vallance Road:
 - Chester Street;
 - Kelsey Street;

- e) Mape Street;
- f) Menotti Street

The restriction on vehicular traffic will enable the annual fireworks celebrations to take place in Weavers Fields. Access will be provided for Police, Fire and Ambulance vehicles in an emergency or access may also be provided with the permission of a Police Officer in uniform.

The Order will operate on Sunday 2nd November 2014 and at the above times when temporary traffic signs and cones are placed on the public highway. If you require any further details, please contact Theresa Berthold, Festival and Events Officer on 0207 364 7924 or e-mail theresa.berhold@ towerhamlets.gov.uk

Dated: 27th October 2014 JAMIF BLAKE SERVICE HEAD, **PUBLIC REALM MULBERRY PLACE** 5 CLOVE CRESCENT **LONDON E14 2BG**



WE URGENTLY REQUIRE PROPERTIES ACROSS LONDON

24/10/14 - 30/10/14 Closing date for Internet and **Telephone bids:** 30/10/14

Find out about local schools, council services, transport links, and businesses at: www.upmystreet.com UpMyStreet)





















































PEABODY

You can bid for these homes only if you have an active application on the **Tower Hamlets Housing** List. Please do not visit any of them as it may cause a nuisance to neighbours.

We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

টাওমার স্থামণেটেস হাউস্পি ডাশিকাম আপদার একটি সক্রিম আবেদন পাকলেই কেবল এসব বাসাপ্তলোর জল্ড আপনি নিশাম ডাকাম অংশ নিডে পারকে। ডাকুম্বের ক্রান্তর্তিই এই বাসাপ্তলোর দেশতে যাকেন ন কোনটিই দখতে যাকেন না কারণ এরফালে প্রতিবেশীরা বিরক্ত

ষাদেরকে আন্দরা বাসা দেরার প্রজ্ঞাব করি কেবল সেসব লোকেদেরকেই ু আন্দরা লোকেদরকেই অসম না ধোগাস্তাগ করে পলি । ভাড়ার নীডিমালার (লেটিং পলিগি) উপর ভিত্তি করে তথ্যেধিকারের ভিত্তিতে বাসা দেরার প্রস্কার করা হর। 020 7364 2826 নম্মরে ভাববা ওয়েবসাইটে এই নীডিমালার কলি পাঙ্য়ো যাবে।

Waxaad dooran kartaa guryahan kaliya haddii aad leedahay codsi wali shaqayna oo ku jira liistada guryaha ee Tower Hamlets. Fadlan adigoo raali ah midna ha soo booqan guryahan, waxa laga yaabaa inay buuq ku keenaan jaararka.

Waxaan kaliya oo aan la xidhiidhnaa dadka aanu guryo ugu deeqayno. Guryo bixintu waxa lagu gaadhaa habka mudnaanta loo kala leeyahay ee ku salaysan nidaamka guryo kiraynta. Nuqul ka mid ah nidaamkan waxaad nagaga heli kartaa adigoo la soo xidhiidha telefanka 020 7364 2826 ama cinwaanka internetka

若你仍然登記在塔 橋區政府現時生效 的房屋名單上,你 才可以競投這些房 屋。請切勿到任何 這些房屋造訪, 爲這可能對鄰居造

我們只能聯絡那些 我們可以提供房屋的人士。我們根據 和屋政策按優先次 序提供房屋。欲索 取這份政策,請致 電我們,號碼 020 7364 2826,或瀏覽

Nếu đơn thính cấu của bạn trong danh sách xin cấp nhà của Tower Hamlets mà có kết quá, bạn có thể lựa chọn những căn nhà này. Xin đững tới tham quan bất cứ căn nhà nào vì có thể gấy nên những phiến toái cho hàng xóm.

Chúng tới chỉ có thể liên lạc với những người chúng tới cấp nhà. Quyết định cấp nhà theo thất tự ưu tiên dựa trên chính sách cho thuê nhà. Nếu bạn cần bản sao chính sách này, bạn có thể gọi số 020 7364 2826 hoặc vào trang web.

آپ إن گھروں كے كئے صرف أى صورت میں بولی دے مسئت جی اگر " "اور بیللس باؤسٹک لسف" میں آپ کی درخواست واجب اور زرغور ب بی مرود سے دوبہ میں سے کن گھرکو ب- براہ کرم إلن بس سے کن گھرکو و يکھنے كے لئے مت جائے "كونك يد امسائیوں کے لئے پریشانی کا یاعث ہو

ہم صرف اُن لوگوں سے رابطہ کر سکتے ۔ بیں جن کوہم گھر کی پیکش کرتے ہیں۔ پر پیکشش کرا بیدواری کی پالیسی کی بنیاد پرتجى كاظ سےك جاتى سے ـ ياليسى ک کا پل ہم سے اس نمبر پردا بھے کے وریعے وستیاب ہوسکتی ہے 020 7364 2826 آپ است ويب مائث يرملاحظ كريكت

website: www.towerhamlets.gov.uk

Support Charges apply to all Sheltered homes for the Over 60's. This will be covered by Supporting People Subsidy if you are entitled to **Housing Benefit or other benefits.** Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet 'Support Charges in long term Supporting People Services'. This is also available on our

Further information on homes advertised is available at One Stop Shops & **Neighbourhood Housing Offices**

website www.towerhamlets.gov.uk.

Key for Accessible Housing Register

some people require a nome that is accessible. These nomes are coded as follows:		
Category Description		
A Wheelchair Accessible	Purpose built to meet most recent wheelchair housing standards	
B Partially Wheelchair Accessible	Designed to older wheelchair housing standards	
C Life time Homes	Specifically designed to create an accessible and adaptable home	
DEasy Access	Designed to be spacious with no steps to the property	
E Step-free	General housing with no steps to the property	
F General Housing	Does not meet requirements for other categories	
GNot assessed	Property not yet had access survey	

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on **020 7364 0204** / **0206** / **0209**



1. Internet Bidding Just log on to www.thhs.org.uk



2. Telephone Bidding Simply call 0845 270 2400

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local payas-vou-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit Transfer

Scheme (PTS), which is targeted at social rented 6. the PTS was introduced on (and operates housing residents. The criteria for the PTS is as

1. applies to residents moving to 3 bedroom or larger social rented car free homes;

2. only one on-street resident parking permit per household is permitted:

3. you must have held your on-street car parking permit for at least 1 year prior to moving home;

4. your on-street parking permit must be renewed and not lapse to remain eligible under the scheme:

5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and

from) 5 September 2011 by Tower Hamlets Council and is not retrospective.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking

Health Assessments

Every year we receive many housing transfer applications based on medical needs, i.e. cases where residents wish to move to another property because of their medical problems and consider their current home to be unsuitable.

In order to assess each medical case correctly, all medical applications are assessed by independent health advisors. Once the health advisor has assessed the case they will notify us of their recommendation which will be considered by the lettings team. We will inform the applicant of the decision, if a medical priority has been awarded.

We have published examples of cases where a medical priority has been awarded and some where a medical application has been refused.

This will give you a better understanding of the type of medical applications we receive and how they are assessed.

Referrals of applications for a health priority
1 April 2014 –
30 June 2014

Number of asses at all stages	%	
Initial assessments	326	93%
1st stage appeals	23	7%
Total	349	100%

Results of initial assessments		%
Initial assessments	326	100%
Emergency	3	1%
Extenuating	49	15%
No award	185	56%
Rejected	2	1%
Cancelled	84	26%
Still outstanding	3	1%

nesults of appeals		%
1st stage appeals	23	100%
Up to emergency	1	4%
Up to extenuating	1	4%
No change	17	75%
Down to extenuating	0	0%
Down to no priority	0	0%
Withdrawn	0	0%
Still outstanding	4	17%

Cases yet to be assessed

include ones where we are waiting for information.

Cases that have been cancelled

are where there has been a change in the applicant's circumstances so they no longer require a medical assessment.

Still outstanding includes requested 3rd party information.

Total number of assessments and	awards	%
Total combined assessments	349	100%
Emergency	4	1%
Extenuating	50	14%

Referrals of applications for a health priority 1 July 2014 – 30 September 2014

Number of assessments at all stages		%
Initial assessments	222	93%
1st stage appeals	16	7%
Total	238	100%

assessments		%
Initial assessments	222	100%
Emergency	1	0%
Extenuating	26	12%
No award	162	73%
Rejected	0	0%
Cancelled	33	15%
Still outstanding	0	0%

		%
1st stage appeals	16	100%
Up to emergency	0	0%
Up to extenuating	5	31%
No change	11	69%
Down to extenuating	0	0%
Down to no priority	0	0%
Withdrawn	0	0%
Still outstanding	0	0%

Results of appeals

Cases yet to be assessed

include ones where we are waiting for information.

Cases that have been cancelled

are where there has been a change in the applicant's circumstances so they no longer require a medical assessment.

Still outstanding includes requested 3rd party information

Total number of assessments and	%	
Total combined assessments	238	100%
Emergency	1	0.4%
Extenuating	31	13%

Case Types

We have given some examples of cases where a health assessment has taken place to give you an idea of how a priority may be awarded. We keep in mind the nature of the health problem and whether the home they live in is suitable.

RE IECTED

Applicant recently had a caesarean section.

This is a common operation for which full recovery is expected. It is not a long term substantial illness or disability. The applicants housing would not be a factor so we would not consider it for an assessment.

Applicant's asthma is made worse by other family members cigarette smoke This is a lifestyle rather than a medical issue. The applicant will suffer from

asthma wherever they live and unless the family members stop smoking in the home it will continue to be an issue. We would not consider this for an assessment.

NO PRIORITY

Applicant complaining of back pain. Currently lives in a 2 bed, 3rd floor flat with 2 children under 10.

An OT (occupational therapist) assessment took place. The flat is served by a lift and is on one level with no internal stairs. Therefore the flat is deemed as suitable and no priority is awarded.

Applicant has asthma. Currently lives in a 3 bed, 3rd floor un-lifted flat with spouse and 4 children.

The evidence provided gave the medication the applicant was on and the doctor who assessed the case felt that the Asthma is currently well controlled. There are no reasons why the applicant cannot manage the stairs. Therefore no priority is awarded.

Applicant in 30s diagnosed with arthritis. Current home is a 2 bed 1st floor

An OT assessment took place. The applicant was able to get into their own home and move around it unassisted. Therefore no priority was awarded.

Applicant claims to suffer from recurrent chest infections. Current home is a 1 bed, 4th floor lifted flat.

Current illness is relatively minor in nature and is treated by standard medication. They have a lift. Therefore no priority is awarded.

EXTENUATING

Applicant is in their late 50s and suffering from severe osteo-arthritis.

Current home is on the ground floor with four steps to the front door.

This illness is long term and getting around will get harder with time. They cannot manage the four steps so cannot get in or out of the home. A home with no steps inside or outside is needed. It does not have to be ground floor provided there is a lift. Therefore extenuating priority is awarded.

10 year old child with congenital heart defect and epilepsy. Currently resides with his parents in his grandparent's house. The house is overcrowded to the extent that there is no room for essential medical equipment.

Space is required for the medical equipment for this illness which is severe and long term. The house is not suitable and so extenuating priority is awarded

4 year old child with cerebral palsy. Currently lives in a two bed flat with parents and 2 siblings.

An OT assessment took place. They confirmed that the current home cannot be adapted. Therefore the home is not suitable for the child and extenuating priority is awarded.

Mother of 40 shares bedroom with daughter. One son. She has enduring mental health problems, including bi-polar disorder. Currently lives in 2 bed home.

The nature of her mental illness is such that she needs her own bedroom and the overcrowding would affect her mental state. The home is unsuitable because they need an extra bedroom therefore extenuating priority is awarded.

EMERGENCY

Applicant in their 30s has undergone below-knee amputation because of bone tumour and is currently undergoing chemotherapy. Family home is an un lifted maisonette above the ground floor, with bathroom and toilet upstairs.

Applicant cannot get upstairs so the hospital will not be able to release them as the home is unsuitable. Therefore emergency priority is awarded.

Applicant in their mid 20s has inoperable cancer, currently undergoing radical radiotherapy with care from a known hospice. Current home is on the 3rd floor and un-lifted.

The hospice cannot release them as the home is unsuitable and emergency priority is awarded.

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk



SHELTERED

MOSQUE TOWER, FIELDGATE STREET, E1

Flat • 1 Bed 1 Person • 2nd floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted . No window in kitchen and bathroom

Eligibility: Min Client Age 55

£164.75, Weekly - Social Rent Landlord: Gateway Housing Association

Property Ref: 30875



SHELTERED JOHN TUCKER HOUSE, MELLISH STREET, E14

Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted

Eligibility: Min Client Age 60

£163.99, Weekly - Social Rent Landlord: Gateway Housing Association

Property Ref: 30873



HELTERET POLLARD ROW, E2

Flat • 1 Bed 2 Person • Ground Floor • Open plan kitchen • One lift • Entryphone • Wet room (walk in shower) • GCH • Shared garden • Pets not permitted Grab rails in WC/Bathroom . Wheelchair accessible kitchen

Eligibility: Min Client Age 55

£194.90, Weekly - Social Rent Landlord: Gateway Housing Association

Property Ref: 30879



SHELTERED RUTH COURT, MEDWAY ROAD, E3

Flat • 1 Bed 2 Person • 2nd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted

Eligibility: Min Client Age 60

£197.36, Weekly - Social Rent Landlord: Gateway Housing Association

Property Ref: 30878



SHADWELL GARDENS, CABLE STREET, E1

Flat • 0 Bed 1 Person • Ground Floor • Separate kitcher • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£87.57, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30867



AJAX HOUSE, OLD BETHNAL GREEN ROAD, E2

Flat • 0 Bed 1 Person • Ground Floor • Separate kitcher • No Lift • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets not permitted

£103.69, Weekly - Social Rent Landlord: Tower Hamlets Community Housing

Property Ref: 30872



SEBRIGHT HOUSE, COATE STREET, E2

Flat • 0 Bed 1 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets not permitte

£103.75, Weekly - Social Rent Landlord: Tower Hamlets Community Housing

Property Ref: 30883



BISCOTT HOUSE, DEVAS STREET, E3

Flat • 0 Bed 1 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted One week's advance rent required at sign up of tenancy

£100.88, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 30870



1 BEDROOM EAGLE HOUSE, HEADLAM STREET, E1

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted . Heating & hot water included in charges

£125.32, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30877



1 BEDROOM OBAN STREET F14

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£120.54, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 30892



BEDROOM NAIRN STREET, £14

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission One week's advance rent required at sign up of tenancy

£117.58, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 30860



BEDROOM ALTON STREET, E14

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£135.63, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 30890



BEDROOM

DORRINGTON POINT, BROMLEY HIGH STREET,

E3
Flat • 1 Bed 2 Person • 7th floor • Separate kitchen •
One lift • Entryphone • Bathroom with W/C • GCH • No
garden • Pets with landlords permission . One week's
advance rent required at sign up of tenancy

£127.85, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 30891



BEDROOM

ASHCOMBE HOUSE, BRUCE ROAD, E3

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£120.69, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 30868



BEDROOMS

CHALKWELL HOUSE, PITSEA STREET, E1

Flat • 2 Bed 3 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Check heating on viewing • No garden • Pets permitted

£115.40, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30861



BEDROOMS SIEGE HOUSE, SIDNEY STREET, E1

Flat • 2 Bed 4 Person • 8th floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Pets permitted . Heating & hot water included in charges . Lift serves 3rd, 6th & 9th floors only

MULBERRY HOUSE, VICTORIA PARK SQUARE,

EZ
Maisonette • 2 Bed 3 Person • 4th floor • Separate
kitchen • No Lift • Entryphone • Bathroom with W/C •
GCH • No garden • Pets permitted

£124.78, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30866



SHADWELL GARDENS, CABLE STREET, E1

Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£118.09, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30864



SEYSSEL STREET, E14

Maisonette • 2 Bed 3 Person • 3rd floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets with landlords permission

£128.52, Weekly - Social Rent Landlord: EastendHomes

Property Ref: 30889



GILLMAN HOUSE, PRITCHARDS ROAD, E2

Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted

£143.94, Weekly - Social Rent Landlord: Spitalfields HA

£128.20, Weekly - Social Rent Landlord: Tower Hamlets Council Property Ref: 30885

Property Ref: 30859

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk



BELTON WAY, E3

Maisonette • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Wet room (walk in shower) • GCH • Private garden • Permit parking • Pets with landlords permission • Grab rails in WC/Bathroom . One week's advance rent required at sign up of tenancy

£137.49, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 30862



BERKELEY HOUSE, WELLINGTON WAY, E3

Flat • 2 Bed 3 Person • 21st floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Pets with landlords permission . Children must be 10 years and over

£142.21, Weekly - Social Rent Landlord: EastendHomes

Property Ref: 30856



DONEGAL HOUSE, CAMBRIDGE HEATH ROAD,

Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£130.70, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30863



GOWERS WALK, E1

Flat • 3 Bed 5 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted

£168.87, Weekly - Social Rent Landlord: Mitali HA

Property Ref: 30865



URMSTON HOUSE, SEYSSEL STREET, E14

Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH · No garden • Pets with landlords permission

£145.09, Weekly - Social Rent Landlord: EastendHomes

Property Ref: 30886



CARRON CLOSE, E14

Maisonette • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Pets with landlords permission . One week's advance rent required at sign up of tenancy

£147.85, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 30887



MARY MACARTHUR HOUSE, WARLEY STREET.

Flat • 3 Bed 5 Person • 1st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£132.63, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30857



CHESHIRE STREET, E2

Flat • 3 Bed 5 Person • Ground Floor • Separate kitcher • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Permit parking • Pets not permitted

£182.18, Weekly - Social Rent Landlord: Genesis Housing Association

Property Ref: 30869



LUNAN HOUSE, SHETLAND ROAD, E3

Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets permitted

Eligibility: Transfer List

£138.80, Weekly - Social Rent Landlord: Tower Hamlets Council

Property Ref: 30876



MINCHIN HOUSE, DOD STREET, E14

Maisonette • 4 Bed 7 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets with landlords permission . One week's advance rent required at sign

£171.93, Weekly - Social Rent Landlord: Poplar HARCA

Property Ref: 30888

AFFORDABLE RENT ROPERT

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life.

Please note the rent level and length of tenancy offered on the following homes. You are advised to check the Homeseekers website at www.thhs.org.uk for further information.



Internet Bidding Just log on to www.thhs.org.uk



Telephone Bidding Simply call 0845 270 2400

REMINDER

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.

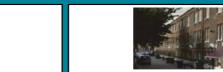


FFORDABLE REN TURNERS ROAD, E3

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Life Time.

£162.75, Weekly - Affordable Rent Landlord: Gateway Housing Association

Property Ref: 30881



PARFETT STREET, E1

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Life Time.

£180.00, Weekly - Affordable Rent Landlord: Gateway Housing Associ

Property Ref: 30882



TREDEGAR ROAD, E3

Maisonette • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets not permitted • Life Time. Property in converted house . Flight of steps up to front entrance door . Internal stairs in property

£172.00, Weekly - Affordable Rent Landlord: Gateway Housing Association

Property Ref: 30874



HOOKE HOUSE, GERNON ROAD, E3

Flat • 2 Bed 3 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£223.27, Weekly - Affordable Rent Landlord: OLD FORD HA

Property Ref: 30884



CLARE HOUSE, HAWTHORN AVENUE, E3

Flat • 2 Bed 4 Person • 17th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£265.45, Weekly - Affordable Rent Landlord: OLD FORD HA

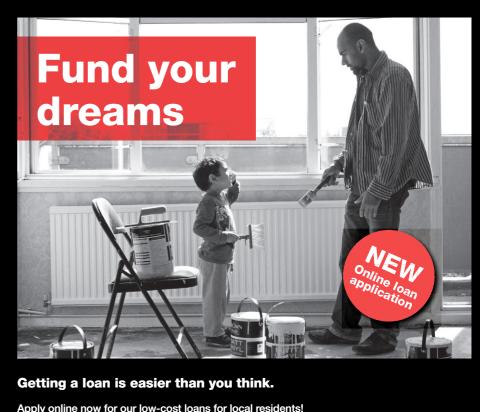
Property Ref: 30871



£158.72, Weekly - Affordable Rent Landlord: OLD FORD HA

Property Ref: 30858





Apply online now for our low-cost loans for local residents!

Whatever you're after, an affordable Credit Union loan lets you make the most of life without the financial headache. Our rates are fixed with no penalty charges, and we look at you, not just your credit history when making decisions.

So, what are you waiting for? Apply online now and fund your dreams the easy way.



- √ 1-5 Years Guaranteed Rent
- ✓ Start Rent Immediately
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- ✓ No Commission
- ✓ No Void Periods
- ✓ Full Management
- ✓ Dedicated Maintenance Team
- ✓ Free Inventory and Quarterly Inspection
- ✓ Free Refurbishment & Maintenance
- ✓ Free Energy Performance Certificate
- √ Free Gas Safety Certificate
- ✓ Free Electrical Safety Certificate



CALL NOW: 020 8980 3



GUARANTEED RENT WITH HAMLETTS



TEL: 020 8980 3377 FAX: 020 8980 9434 *Terms and conditions apply



George Green's School

Manchester Road, Isle of Dogs, London E14 3DW Tel: 020 7987 6032 Fax: 020 7538 2316 Principal: Ms Jill Baker

'WE ARE A GOOD SCHOOL'

ACADEMIC COACHES -**KS3 & KS4**

35 hours per week - Term-Time + 1 week, fixed term until 31st July 2015 Salary range NJC Scale 4 (18-21) £20,664 - £22,647 (pro-rata for term-time only)

We are seeking to appoint a new team of dynamic, committed and inspirational Academic Coaches to support our maths faculty. The post will involve coaching students who have fallen behind in maths on a one to one and small group basis. Based primarily in year 11, the aim of this post is to improve attainment so that the vast majority of our students meet or exceed expectations in maths.

Applicants for this post will have a good degree in maths or a closely related subject. They will be able to demonstrate a commitment to and empathy for young people. The successful candidates will have an understanding of how to achieve successful outcomes with young people in an educational setting and they will be creative, enthusiastic and resilient.

The ideal person will be reliable, trustworthy, flexible, well organised, and good with time management. They will be keen to learn and to take on responsibility. They will be dedicated to the young people they work with and willing to go the extra mile to achieve positive outcomes. We welcome applications from motivated candidates who can work on their own initiative and who have a professional and positive approach to work.

Along with a good honours degree in Maths, the successful candidate must have a high level of academic literacy.

George Green's School is:

- · a school committed to inclusion
- · a multi-lingual, multi-faith & multi-cultural community
- a Full Service Extended School
- an IB World School

Please download application packs from our school website: www.georgegreens.com

Visits prior to putting in your application are encouraged & welcomed. Please email hbibi@georgegreens.com

Closing date: Tuesday, 4th November 2014 @ 9am Interviews: Tuesday 11th November

George Green's School is committed to safeguarding and promoting the welfare of children and young people. We expect all staff, external agencies and volunteers to share this commitment. Any appointment is subject to an enhanced DBS Check

Matchbox Day Nursery Ltd

1 — 2 Butler House, Burdett Road, E14 7AB Tel: 020 7987 6296

Has vacancy for

Full time Nursery Worker

Level 3 childcare qualification Minimum of 2 years experience Salary on application

For an application pack Please contact kim@matchboxnursery.co.uk Closing date: Friday 7th November, 2014

Safeguarding Children



Smart Training

PERSONAL SUPPORT WORKER

Required by disabled woman to carry out personal care

and household tasks. Poplar area. £9.50 an hour for 3

hours a week (Saturday and Sunday mornings and

evenings). 2 years carer experience necessary together

with references from previous employers; fluent spoken

and written English is a requirement. Must like cats.

For further details please email:

awdp2.recruitment@gmail.com or write to

Ref. AW116, Real, 1st Floor Jack Dash House,

2 Lawn House Close, London E14 9YQ

Closing date: 5pm 17 November 2014

Interviews: To be arranged

Boost your employment chances with a training course

Aged 16-24 and looking to get started in a career? Then study free of charge* for the Traineeship Programme with Smart Training.

- Study for a Certificate in Work Skills
- Complete a high quality work placement
- Get tuition in English and Maths
- Improve your CV writing and interview skills.

Training is weekly in East London and you can keep any benefits you're entitled to.

*Depending on your existing qualifications. You must have lived in the UK or European Union for the last three years to be eligible.

Traineeships

Interested? Apply now – text SMART to 80800 email start@smart-training.com, phone 0845 177 0695 or see www.smart-training.com/jobsandadvice



Nafas is a specialist drug agency based in Tower Hamlets providing a range of quality drug treatment, education, training, and outreach services. Our innovative service provisions helps individuals and

communities recover from drug addiction

Administrator £17,000 (6 months maternity cover)

We are seeking to recruit a experienced Administrator who will provide a comprehensive administrative and reception support service for Nafas. You will require excellent communication and organising skills liaising with the general public, service users, dealing with telephone enquiries and visitors. The successful candidate will be educated to a good standard, be reliable and flexible, a good team worker, possess excellent communication and customer care skills and be able to work weekends.

Closing Date: 4pm Monday 10th of November 2014 For an application form please call 0207 377 0676 or email your details to admin@nafas.org

6 months maternity cover may be extended to a year subject to funding & performance.

Advertise here from

Career Opportunities

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here.





Early Years Area Inclusion Coordinator

Education, Social Care and Wellbeing Directorate Ref: ESW00263 | FTC until March 2016

£43.075 - £46.614 per annum + London

Weighting of £2,919 per annum

Accommodation Procurement Officer

Development & Renewal Directorate Ref: DEV00462

£30,648 - £32,253

per annum

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.

Closing date: 2 November 2014





Barkantine Community Nursery

105a Mellish Street, London E14 8PR 020 7538 8487

We are a community nursery that offers a gentle childcare experience to children aged from 3 months to 5 years old. We have a strong connection with nature, which offers both children and practitioners a nurturing and encouraging environment to work and play within.

We are open 50 weeks per year, Monday to Friday 8am to 6pm.

3 x Early Years Practitioners,

Full time (35hrs), Maternity cover, (with the possibility to extend)

1 x Early Years Senior Practitioner for under 3's

The successful candidate will be:

- EYPS/EYTS or Level 3 in Early Years or equivalent, and committed to continued professional development (we would also consider a passionate level 2 who is willing to undergo further training and development meet the needs of this post)
- · Experienced in working with babies and children under 5 years old
- A gentle, calm and caring professional who is prepared to work as part of a close knit team

Salary: £14,000 to £16,500 subject to experience Closing date for applications: 10th November 2014

Interview date: 19th November 2014

Start date: Subject to an enhanced DBS disclosure and other relevant checks

For general information on the nursery please visit our Facebook page:

https://www.facebook.com/pages/Barkantine-Community-Nursery/220553887964147

Barkantine Community Nursery is committed to safeguarding and promoting the welfare of children and expects all who work here to share this commitment.

For a job description and application form please email us on:

info@barkantinenursery.org

SIXTH FORM TEACHING ASSISTANT

Morpeth School is a popular, fully inclusive 11-19 comprehensive school located in Bethnal Green. The school is part of Cambridge Heath Sixth Form, a popular and successful consortium of three outstanding schools in Tower Hamlets.

We are seeking to appoint a Sixth Form Teaching Assistant within the Special Educational Needs team to support sixth form students' learning, raising attainment, enabling them to take as full a part in the school curriculum as possible and ensuring that they make appropriate progress. The successful candidate will have strong literacy and numeracy skills and the academic ability to support students effectively within the school curriculum. A minimum of a good GCSE pass in English and Maths is essential.

Part-time (29 hours per week), term time only, NJC Scale 2-3 depending on experience £18,210-£19,221 pro rata (actual gross monthly salary £1,076-£1,136)

Closing date: Noon on Monday 10th November.

Successful candidates will be required to abide by the school's Safeguarding Children policy and undergo an enhanced DBS check. For full details and application form, see the school website www.morpethschool.org.uk or if necessary email einglis@morpeth.towerhamlets.sch.uk or phone 020 8981 0921. We do not accept CVs.



EARLY YEARS NETWORK TOWER HAMLETS

Ranwell Playgroup

Deputy Manager | REF: RN01

Monday to Friday 8.15am to 4.30pm 35 Hours/Week Salary: £16,805.25 per annum Mainly Term Times Only

Full and relevant Level 3 childcare qualification as listed on the Department for Education Qualification or equivalent. A minimum of two years' experience of working with children aged 2-5 years of age.

For an application pack please send in an A4 90p stamped addressed envelope to Early Years Network Tower Hamlets, 15 Kelsey Street, London E2 6HD Or email: recruitment@eynth.org.uk EYN Closing date: 14th November 2014

PART-TIME PERSONAL ASSISTANT x 2

14 hours per week

A young disabled female living in Bethnal Green area is looking for two workers to support with daily tasks, 14 hours per week, split between two PA's; hourly rate £8.80, days/times to be agreed but flexibility required.

> For an application pack please e-mail recruitment.sy104@gmail.com

Or write to Shazia Younis / SY104, Real, 1st Floor Jack Dash House, 2 Lawn House Close, London, E14 9YQ

Closing date: Sunday 9th November at 12pm Interviews: To be arranged



London E1 ORH Tel: 020 7790 6712 Fax: 020 7790 0499 www.sicr.net

Lead School Counsellor (Maternity cover)

Salary Level: £20,000 - £40,000 depending on qualifications and experience. Full time – 35 hours per week

We require a Lead School Counsellor to coordinate a range of counselling services to students at both our main school and Sixth Form College. These will include: vocational guidance, academic advice, counselling, guidance for both personal & community development, family counselling and guidance for teachers. Applicants should be graduates and have appropriate experience and a qualification in School Counselling.

If you are interested in the above position please complete the school application form which can be found on the school website, along with the Job Description – www.sjcr.net Completed forms should be emailed to Haydn Evans, the

Headteacher - havdnevans111@vahoo.co.uk

Closing date: Friday 7th November (5.00 pm)

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND **CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73**

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

75 Violet Road, London, E3 3FW

PA/14/2474/KFL

Change of use to D2 (Gym) & installation of new illuminated signs (including fascia sign and projecting sign)

75 Violet Road, London, E3 3FW

P

6

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P

PA/14/2473/KFL

Change of use to D2 (Gym) & installation of new illuminated signs (including fascia and projecting sign)

Rotherwick House, 3 Thomas More Street, London, E1W 1YZ

PA/14/2543/ADW

Refurbishment of a grade II listed building to be retained as B1 office space. Renovations to existing external structures (former police station and new build outbuilding). Application for Variation of Condition 2 (approved plans) of planning permission reference PA/14/00654, dated 2 May 2014, for a proposed minor material amendment to the approved scheme comprising alterations to the link extension construction detail, the retention of the existing doors from the south-east wing to the courtyard, alterations to the internal layout of the annexe and basement and the installation of 3no. condensers on the roof of the annexe.

135 Roman Road, London, E2 0QN Alteration to existing shopfront

PA/14/2749/GMA

80 Brick Lane, London, E1 6RL

PA/14/2676/GMA

Installation of a new shop front and removal of illuminated projecting sign and facia sign above side door

1 Dock Street, London, E1 8JN Installation of new shoofront.

PA/14/2707/GMA

127-129 Roman Road, London, E2 0QN

PA/14/2169/GMA

Change of use of C3 residential premises to C1 Bed and Breakfast incorporating the erection of a ground floor rear extension and mansard roof extension.

85A Whitechapel High Street, London, E1 7QX

PA/14/2514/SHA

Provision of glass conservatory to cover the rear yard

PA/14/2674/PLA

Bow Wharf, Grove Road, London Prior approval of siting and appearance of the following telecommunications equipment: Update to existing telecommunications site including replacement of existing GSM/UMTS antenna within the top of the chimney with new multi-band antennas. Existing GSM/UTMS LNA's and Feeders to be retained. New 40A breaker to be installed in existing distribution board for AC Komodo power supply. Installation of a new Komodo equipment cabinet.

Footway to the south of the junction of Redmans Road PA/14/2731/PLA and Stepney Green, London E13

Prior approval of siting and appearance of the following telecommunications development: Demolition of the existing 12m replica telegraph pole and erection of a 12.2m 'Streetworks Tower' mast, installation of an equipment cabinet and associated

Bethnal Green Working Mens Club, 42-46 Pollard Row, London, E2 6NB

PA/14/2243 and 2891/PLA

Change of use of part of the basement to a micro brewery. Installation of a ventilation system including a condenser unit using the existing vent grille in the Pollard Street elevation. No external alterations proposed.

THE FOLLOWING ARE HOUSEHOLDER APPLICATIONS AND IN THE EVENT OF AN APPEAL AGAINST A REFUSAL OF PLANNING PERMISSION, WHICH IS TO BE DEALT WITH ON THE BASIS OF REPRESENTATIONS IN WRITING, ANY REPRESENTATIONS MADE ABOUT THESE APPLICATIONS WILL BE SENT TO THE SECRETARY OF STATE, AND THERE WILL BE NO FURTHER OPPORTUNITY TO COMMENT AT APPEAL STAGE.

73 Lyal Road, London, E3 5QQ Ground floor level extension

PA/14/2711/MCH

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 27th October 2014

OWEN WHALLEY

Head of Planning and Building Control



PUBLIC NOTICE THE LONDON **BOROUGH OF TOWER HAMLTES ROAD TRAFFIC**

REGULATION ACT 1984 - SECTION 16(A) **TEMPORARY PROHIBITION OF**

(MILLWALL PARK "FIREWORKS" EVENT) **ORDER 2014**

TRAFFIC

NOTICE IS HEREBY GIVEN

that the Council of the London Borough of Tower Hamlets made the abovementioned Order under Section 16(A) of the Road Traffic Regulation Act 1984 (as amended by Special Events Act 1994). The effect of the Order will be to prohibit vehicular traffic from entering into, stopping or proceeding

- 1. Spindrift Avenue, Chapel House Street and Manchester Grove at its junction with East Ferry Road:
- 2. East Ferry Road, between its junction with Westferry Road/Manchester Road and its junction with the entrance/exit of ASDA Store.

The restriction on vehicular traffic will enable the annual fireworks celebrations display to be held on the public park (that is, Millwall Park) and to ensure safe ingress & egress from the Park.

The alternative routes for vehicular traffic will be via East Ferry Road (northbound), Limeharbour, Marsh Wall and Manchester Road and vice versa or East Ferry Road (northbound), Limeharbour (northbound), Marsh Wall (westbound), Westferry Road (southbound). Exemption has been provided in the Order for London Buses to exit south of ASDA Car Park in a southbound direction in East Ferry Road. Access will also be provided for Police, Fire and Ambulance vehicles in an emergency or access may also be provided with the permission of a Police Officer in uniform.

The Order will operate on Sunday 2nd November 2014 from 19:00 hours until 20:15 hours when temporary traffic signs and cones are placed on the public highway pursuant to the Traffic Signs Regulations and General Directions 2002.

If you require any further details please contact Theresa Berthold, Festival and Events Officer on 0207 364 7924 or e-mail theresa.berthold@ towerhamlets.gov.uk

Dated: 27th October 2014

JAMIE BLAKE SERVICE HEAD, **PUBLIC REALM MULBERRY PLACE 5 CLOVE CRESCENT LONDON E14 2BG**

Public notices

PUBLIC NOTICE
THE LONDON BOROUGH
OF TOWER HAMLETS
ROAD TRAFFIC
REGULATION ACT 1984 SECTION 14 (1)
TEMPORARY
PROHIBITION OF
TRAFFIC FAIRFIELD ROAD E3

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets having consulted with Transport for London, proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Fairfield Road for a distance of approximately 50 metres underneath the railway bridge between its junction with Blondin Street

The restriction on vehicular traffic will enable essential detailed railway bridge inspection to be carried out on the public highway by Centurion Traffic Management.

The alternative routes for vehicular will be via Fairfield Road, Bow Road, A12 Blackwall Tunnel Northern Approach (in the north-western direction) and Wick Lane or Fairfield Road, Tredegar Road, St. Stephens Road, Old Ford Road, Grove Road, Mile End Road and Fairfield Road.

The restriction on vehicular traffic will operate from Monday 17th November 2014 at 22:00 hours until Tuesday 18th November 2014 at 06:00 hours when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Dave Pryce, Network Coordinator, Network Management Team, Transport and Highways on 020 7364 6898 or email, david.pryce@towerhamlets.gov.uk

Dated: 27th October 2014
JAMIE BLAKE
SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE
THE LONDON BOROUGH
OF TOWER HAMLETS
ROAD TRAFFIC
REGULATION ACT 1984 SECTION 14 (1)
TEMPORARY
PROHIBITION OF
TRAFFIC WESTFERRY ROAD E14
NOTICE IS HEREBY GIVEN,
that the Council of the London
Borough of Tower Hamlets
proposes to make an Order,

junction with East Ferry Road. The restriction on vehicular traffic will enable essential resurfacing works to be carried out on the public highway by LBTH.

The alternative routes for vehicular traffic will be via Spindrift Avenue, East Ferry Road, Manchester Road and Westferry Road and vice versa.

The restriction on vehicular traffic will operate from Monday 17th November 2014 to Friday 21st November 2014, and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Emdad Ahmed, Highways Asset Management Officer, Improvement Works Group, Transport and Highways on 020 7364 6707 or email, emdad.ahmed@towerhamlets.gov.uk

Dated: 27th October 2014
JAMIE BLAKE
SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE
THE LONDON BOROUGH
OF TOWER HAMLETS
ROAD TRAFFIC
REGULATION ACT 1984 SECTION 14 (1)
TEMPORARY
PROHIBITION OF
TRAFFIC BACK CHURCH LANE E1
NOTICE IS HEREBY GIVEN,

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Back Church Lane for a distance of approximately 50 metres between its junction with Cable Street and its junction with Pinchin Street.

The restriction on vehicular traffic will enable the essential detailed railway bridge inspection to be carried out on the public highway by Centurion Traffic Management. The alternative route for vehicular will be via Cable Street Leman Street (northbound), Prescot Street, Mansell Street, Whitechapel High Street, Leman Street (southbound), Hooper Street and Back Church Lane. The restriction on vehicular traffic will operate from

The restriction on vehicular traffic will operate from Tuesday 18th November 2014 at 22:00 hours until Wednesday 19th November 2014 at 06:00 hours when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Network Management Team, Transport and Highways on 020 7364 6717 or email, mick.jameson@ towerhamlets.gov.uk

Dated: 27th October 2014
JAMIE BLAKE
SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE
THE LONDON BOROUGH
OF TOWER HAMLETS
ROAD TRAFFIC
REGULATION ACT 1984 SECTION 14 (1)
TEMPORARY
PROHIBITION OF
TRAFFIC ADLER STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets, having consulted with Transport for London, made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Adler Street for a distance of approximately 50 metres,

south-west, from its junction with Whitechapel Road.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Cappagh Browne on behalf of Thames Water.

The alternative route for vehicular traffic will be via Whitechapel Road, Whitechapel High Street, Leman Street, Prescot Street, Mansell Street, Whitechapel High Street (eastbound), Whitechapel Road (eastbound), Plumbers Row, Coke Street and Adler Street or Whitechapel Road, Plumbers Row, Mennoti Street and Adler Street.

The restriction on vehicular traffic will operate from Wednesday 5th November 2014 to Friday 7th November 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Transport and Highways on 020 7364 6717 or email, mick.jameson@ towerhamlets.gov.uk

Dated: 27th October 2014
JAMIE BLAKE
SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE
THE LONDON BOROUGH
OF TOWER HAMLETS
ROAD TRAFFIC
REGULATION ACT 1984 SECTION 14 (1)
TEMPORARY BANNED
TURN OF TRAFFIC SIDNEY STREET E1

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets having consulted with Transport for London made an Order, which will prohibit or ban vehicular traffic from turning left into the first left lane in Sidney

The restrictions on vehicular traffic will enable essential works to be carried out on the public highway by Cappagh Browne on behalf of Thames Water.

Street from its junction with Mile

End Road

The alternative route to vehicular traffic will be via Whitechapel Road, New Road, Commercial Road and Sidney Street and vice versa.

The restriction on vehicular traffic will operate for two weekends on the following dates and at times when temporary traffic signs are placed on the public highway pursuant to the Traffic Signs Regulations and General Directions 2002:

- Sunday 2nd November 2014 from 08:00 hours until 18:00 hours:
- Sunday 9th November 2014 from 08:00 hours until 18:00 hours.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Transport and Highways on 020 7364 6717 or email mick.jameson@towerhamlets.gov.uk

Dated: 27th October 2014
JAMIE BLAKE
SERVICE HEAD,
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS

THE TOWER HAMLETS (WAITING AND LOADING RESTRICTIONS) (NO.1) ORDER 2012 (AMENDMENT NO.14) ORDER 2014 NO.79

THE TOWER HAMLETS (B1 PARKING PLACES) (NO.1) ORDER 2011 (AMENDMENT NO.2) ORDER 2014 NO.80

THE TOWER HAMLETS (B3 PARKING PLACES) (NO.1) ORDER 2011 (AMENDMENT NO.4) ORDER 2014 NO.81

THE TOWER HAMLETS (C1 PARKING PLACES) (NO.1) ORDER 2011 (AMENDMENT NO.4) ORDER 2014 NO.82

- 1. **NOTICE IS HEREBY GIVEN** that the Council of the London Borough of Tower Hamlets on 27th October 2014 made the above-mentioned Orders under the relevant sections of the Road Traffic Regulation Act 1984, as amended by Section 5 of the Local Government Act 1985 and the Traffic Management Act 2004.
- 2. The general effect of the Orders would be to in:
 - a) Vernon Road
 - i) Reduce existing Residential Bay outside no.33 by 2m at its north end.
 - ii) Change existing Single Yellow Line to Double Yellow lines on the north kerb at its junction with Anglo Road.
 - b) Copenhagen Place to introduce
 - i) Permit bay with 2 Parking spaces outside no.86.
 - ii) Permit bay with 6 Parking spaces outside Carmine Wharf Block A.
 - iii) Permit bay with 6 Parking spaces outside Carmine Wharf Block B.
 - iv) Permit bay with 5 Parking spaces outside no 26.
 - v) Extend the existing Resident bay by 2 spaces at its eastern end outside no. 20.
 - c) Locksley Street -
 - i) Extend the existing Permit bay by 2 spaces at its northern end opposite no. 110.
 - ii) Extend the existing Permit bay by 2 spaces at its southern end opposite no. 88/98.
 - iii) Introduce two Permit and Pay & Display (cashless) bays of 2 spaces each opposite no. 102/104 outside the Park entrance and outside no.110.
 - iv) Change existing Single Yellow Line to Double Yellow line on east kerb outside the Mile End Park entrance.

- d) Clemence Street -
 - i) Introduce 2 spaces Permit and Pay & Display (cashless) bay on south kerb outside Mile End Park
- e) Cable Street -
 - i) Introduce No Loading restrictions 'at any time' on the south side between no. 198 and 200 at the entrance to the Hawksmoor Mews.
 - f) West Tenter Street To extend the existing 2 space Resident Bay by another 3 spaces outside no.23
- The Regulations, fees and usual exemptions imposed by the governing Traffic Management Orders would apply to the proposals referred to in paragraph 2 above.
- 4. A copy of each of the proposed Orders and all relevant documents can be inspected, by prior appointment, at the offices of the at the Parking Services Offices, 585-593 Commercial Road, London E10HJ (0207-364 6952), during normal office hours on Monday to Friday inclusive until the expiration of a period of 21 days from the date on which this notice is published.
- 5. Any person desiring to comment on or object to any of the proposed Orders should send a statement in writing or Email: Parking.development@towerhamlets.gov.uk of their objection and the grounds thereof, to the above address within the aforementioned period of 21 days.

Dated: 27th October 2014

JAMIE BLAKE SERVICE HEAD, PUBLIC REALM



which will prohibit vehicular

traffic from entering, stopping

or proceeding in the length of

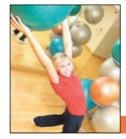
carriageway in Westferry Road

between its junction with

Harbinger Road and its

Footballing contest

Eight young footballers are in with a chance of becoming soccer stars in a nationwide talent competition.



Get fit and have fun

To find out more about the wide range of healthy and enjoyable events and activities available at the borough's leisure centres go to your local centre or visit...

WWW.GLL.ORG

Sport

Eight in hunt for soccer stardom

EIGHT young footballers Mohsin Jameel, raised in becoming soccer superstars after coming through **the first stage of a talent** ally incredible," said Mohsin. competition.

The eight were chosen from 120 aspiring Wayne Rooneys in Star trials in the shadow of Canary Wharf on October 18.

The trials – part of a nationwide competition sponsored by City financial traders TradeNext – took place at London Docklands Powerleague in Selsdon Way, Isle of Dogs.

Youngsters aged ten to 18 went through skills sessions and practice matches watched by coaches.

Date of notice: 27-Oct-2014

are in with a chance of Newham, watched the youngsters go through their paces.

"I thought the turnout was re-

"I would say the day has been a complete success."

The winner will spend a week the Search For An Asian Soccer at the TradeNext FootballCV Academy and go to a training session at St George's Park, the FA's centre of football excellence in Staffordshire.

> Eight more players will be selected from the fourth and last trial in Manchester for the final of 32 players in November.

To register your youngster for a free session in the final trial venue, visit www.tradenext sport.com/promotions/search-TradeNext's chief executive, for-an-asian-football-star



WAPPING Hockey Club's plans to make Tower Hamlets the centre of English Hockey – as revealed by East End Life – are gathering momentum. Goalkeepers came from as far afield as Bristol and Newark to participate in the club's academy, where they were coached by among others Allan Dick (Scotland international), Stuart Burnside (Wapping chair), Maddie Hinch (England number 1), John Hurst (England goalkeeper coach), and Kirsty Mackay (England number 2) all pictured catching up on our exclusive story.

Aidoo-Nash inspires Wapping comeback

BY PETER FAULKNER

Wapping men 4 St Albans 2

WAPPING Hockey Club were up against a well-drilled side coached by Great Britain and England manager Andy Halliday, but in the end reputations counted for nothing.

St Albans started at a ferocious tempo and an early attack saw them win a short corner from which they scored.

The setback only served to spur Wapping into action and within minutes they equalised when man of the match Grant Aidoo-Nash swept home from close range.

Wapping won an early short corner in

the second half and took the lead when Mark Bennett, returning after injury, scored via a defender's stick.

St Albans soon equalised from a short corner, but goals from Phil Messent and captain Oliver Cooper clinched a 4-2 victory.

Saffron Walden 5 Wapping ladies 2

WAPPING started promisingly and held the majority of the possession.

They gained a free hit just outside the 25-yard box, which was taken quickly by Lucy Todd. After a swift pass to Kate Radford in the D they were 1-0 ahead.

Saffron Walden countered by quickly equalising from a short corner and from that point on the home side were much stronger for the remainder of the first half, making several attacking moves that resulted in two more goals.

Walden continued where they left off after the interval, piling on the pressure.

But Wapping stood firm, then started to come back into the game and Charlotte Keizer scored their second goal with an impressive strike from the top of the D.

The narrowing scoreline raised Wapping's hopes but they were dashed again when Walden scored again on the break.

■ Other results: There were wins for Wapping men's second, third, fifth, sixth and seventh teams, defeat for the fourth team and a draw for the eighth and ninth teams.

The ladies second, third and fifth teams all won, the fourth team were beaten.

Emery keeps his head to hit hat-trick



Hat-trick man Henry Emery

East London men's 1st, 4 Witham 1st, 2

EAST London were slow out of the blocks at Lee Valley, but took the lead from a penalty corner slotted home by Henry Emery.

Witham levelled and Emery needed first aid after taking a ball to the head. In his absence, Adam Lord scored a beauty.

Emery reappeared after the break, and struck twice more.

Thurrock ladies 1st. 1 East London 1st, 3

EAST London travelled to Essex and were caught napping by Thurrock who scored inside two minutes.

East quickly regained their composure, and Eilis Quinlan levelled.

Bee Armstrong's shot was on target, only for Emily Menzies to make a cheeky steal and apply the finishing touch herself. Thurrock piled on the pressure and won several penalty

corners, but could not convert any of them. Quinlan finished it off with a second goal.

■ Other men's results: Saffron Walden 3rd 1 East London 3rd 2; Witham 2nd 2 East London 4th 2; Havering 2nd 5 East London 5th 6.

■ Ladies results: East London 2nd 3 Havering 2nd 0; East London 3rd 4 Southend 2nd 1; East London 4th 1 Waltham Forest 3rd 2; East London 5th 2 Witham 3rd 0; East London 6th 1 Upminster 5th 2.

DEVELOPMENT Notice of Application for

CORPORATION Planning Permission

Under Article 13 Of The Town and Country Planning (Development Management Procedure) (England) Order 2010 The Town And Country Planning Act 1990 (As Amended)

Public notice

In accordance with the above act and related legislation, notice is hereby given that the application forms, plans and other documents submitted in relation to the proposal noted below may be examined at the London Legacy Development Corporation reception Level 10, 1 Stratford Place, Montfichet Road, London E20 1EJ. The reception is open from 09:00 - 17:00 Monday to Friday by appointment only telephone number 020 3288 8820. The above documents are also available to download from the Planning Register on the Planning Policy and Decisions Team website http://planningregister.londonlegacy.co.uk. Anyone who wishes to make comments about the application should write to the address below quoting the relevant Application Reference Number: Director of Planning Policy and Decisions Team, London Legacy Development Corporation, Level 10, 1 Stratford Place, Montfitchet Road, London E20 1EJ. Alternatively can be made by planningenquiries@londonlegacy.co.uk Comments should be submitted within 21 days of the date of this notice and should be received by 16-Nov-2014 Application Reference No: 14/00406/FUL Application Site: 7, Roach Road, LONDON, E3 2PA Description of Proposal: Retrospective application for a floating pontoon on the Hackney Cut to the rear of the property and amendments to reduce the width of the adjoining timber decking. Applicant's name: Stour Space Dated: 27-Oct-2014; Authorised by: Anthony Hollingsworth On Behalf of: London Legacy Development Corporation, Planning Policy and Decisions Team.



Poor form overturned

"The whole team gave a gutsy performance against really strong Do you have a sports club you opposition. This is exactly the sort of game we need to keep targeting. It was a great turnaround after a couple of bad results."

SHAUN COOK, MILLWALL RUGBY CLUB

Tell the East End

Luke's late show

TOWER Hamlets moved into

eighth spot in the Essex Senior

League, but they left it late to

get a 1-1 draw with Hullbridge

Hullbridge had gone ahead through Wallace who scrambled

home a Hodgson header as it

Both teams created chances thereafter but it looked as

though Bridge had done enough

But with a minute left the

home side earned a valuable

point when Luke With convert-

THE Premier Division and

Division One of the

Community Football League

are following a similar pattern

FC Bengals lead the Premier

with maximum points after

six wins, followed by Ace FC

with 13 points from four wins

and E7 Probashi who have ten

Brick Lane are leading the way

in Division One, followed by

Newark Youth London and

at Mile End Stadium.

rebounded off the bar.

to win the game.

ed from a corner.

this week.

Unbeaten duo

would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Sport

FC Hamlets hang on to top spot after scare at Sungate

BY PETER FAULKNER

FC HAMLETS are still unbeaten at the top of the **Essex Olympian League** Division 3 – but only just.

They were given a scare by Sungate, and could have been out of the game in the first half, but dug deep to edge ahead, eventually earning a 2-2 draw.

After wasting several early chances Sungate went ahead with Hamlets keeper Pyne caught out by a shot that went in off the bar.

Hamlets battled their way back and got lucky with their 29th minute equaliser.

Foster ran down the right and crossed for Morris whose firsttime shot took a deflection, giving the keeper no chance.

With 26 minutes to go, a long goal kick from keeper Pyne got the faintest of touches from With and Foster slotted home.

The equaliser came when a Sungate cross floated over everyone and into the net.

Eight for New Ward

THERE were some big scores in the East London Sunday **League**, topped by Division One side New Ward Virtue.

They chalked up an amazing eight-goal victory over Young Prince, Ricky Field led the way with a hat-trick with Stannard



London Tigers celebrate their cup win

(2), Sharkie, Tony Field and Payne completing the rout.

In the Joshila Sports Premier Division, Dalston Lane beat Stratford Juniors 2-1 to stay unbeaten at the top. Suarez and Dawes got the goals for Dalston, Kizito replied for Stratford. Hackney Downs A drew 1-1 with Byron

Hatch Lane strolled past Stoke Newington 7-3, with goals from, Blair (2), Florence, Thompson, Theodore. Allen and Bishop. Doyley, Bulgin and Stanley shared the goals for Newington.

Last year's champions, Reama, came off second best in a dingdong 11-goal cracker with St Lucia, finally losing 6-5. St Lucia's goals came from, Lubin (2), Gustave, Louisy, Charlery and Actil while King (2), Thomas, Browne and Toner netted for Reama.

One, Athletico Bow remain top after a 1-0 win over FC Stepney thanks to a Lewis goal. Cranes lost out 5-3 to EL Valiente, with the goals coming from Marston (2), Stannard, Ispenedi and Dady. Vallance drew 1-1 with AC

Nightingale, O'Brien and Adams

In the **Joshila Sports Division**

on target.

In the **Joshila Sports Division**

Two, Castrillon went top with a 5-2 victory over Pedro. Two apiece from Marsdon and Sammut plus one from Kennedy clinched it while Bruce scored a brace for Pedro. Ainslie Wood lost out to FC Romania 4-2. Husbands getting both goals for the losers. Mabley beat Wimbledon Park 4-2 thanks to Dikgale's hat-trick and a strike

from Small. Moussa and Marri-

ano replied for Park.

Tigers are roaring

LONDON Tigers Veterans lifted the Inner London Football League Veterans Cup after a memorable clash with Bromley

The teams were all square at 1-1 at the end of the first half. However, Tigers broke down Bromley's resistance in the second period to win 4-1.

In the ILFL Sunday league Premier Division front runners London Tigers and Stepney fought out a 2-2 draw. The result allowed Bromley and West End to leapfrog them into first and second place respectively.

First Division table-toppers Reachout and SCTA crawled away from the chasing pack and maintained 100 per cent records.

Second Division leaders Robin Hood Tigers maintained their 100 per cent start and built a five-point cushion as they beat Tower Hamlets B 2-0.

- Premier Division: London Tigers 2 Stepney 2; Beaumont 1 Bromley 6; Island 1 Leytonstone 6; SYA 1 West End 3.
- **First Division:** Bow 6 Burdett o; Bromley Juniors 2 Reachout 5; SCTA 2 Stepney B o; St Katharine's 7 Weavers 1.
- Second Division: Al Mizan o Redcoat 3: Beaumont Youth 5 Riverside o; Robin Hood Tigers 2 Tower Hamlets Bo: St Katherine's u-21 2 West End Reserve 7.



Boss praises Millwall guts

MILLWALL Rugby Club scored a 31-28 win over Canvey Island – and picked up bonus points for scoring four tries.

Scorers were Charlie Willis, Ed Partridge and Alessandro Penna and victory keeps them away from the relegation zone.

Shaun Cook, men's chair, said: The whole team gave a gutsy performance against really strong opposition.

"This is exactly the sort of game we need to keep targeting to win. It was a great turnaround for us after a couple of bad results"

Millwall's second team, The Llamas had a win without even playing.

Chingford were unable to field a team and forfeited the fixture allowing Millwall to claim a 39-0 win.

Millwall's third team enjoyed a runaway 77-10 win over Runwell Wyverns at Millwall Park.

After weeks without being able to field a team, the thirds got their first game of the season off to a fantastic start.

Runwell only turned up with 12 players so Millwall loaned them a few to make up the numbers. One, Raj Nayyar, even scored a try against his own

Darryl Gera touched down four times bringing his Millwall tally to 50 tries, and set up several others.

A brilliant solo try from Nigel Webb was also his 50th score for the club.

Soul FC.

Alam late strike

points and three wins.

IT was a night of the golden oldies when the Legends of Bangladesh came to Mile End Stadium

Sonali Othith Bangladesh took on Bethnal Green's Sonali Othith UK and despite a wet night, there was plenty of support for both teams.

The tourists raced into a two goal lead through Mohammad Aslam and Mohammad Arman and with time running out it looked as if that's the way it would finish.

Bit with a minute to go Ferdous Alam buried Rahoul's minute free kick to reduce the the margin of victory.

JIM Fitzpatrick, MP for Poplar and Limehouse, opened Tower Hamlets College's new 3G football pitches at its campus in Poplar High Street... and then took part in a minisoccer tournament. The pitches will be available all year round to students and the community in Poplar and Canary Wharf. To celebrate the opening of the pitches, Mr Fitzpatrick joined students in a football

27 OCTOBER – 2 NOVEMBER 2014



tournament involving 16 teams, including three all-

Each was named after a Premier League club with QPR running out winners.



More inside

For stories on football, hockey, rugby and more, turn to...

PAGES 34 & 3!



Promoting healthy living

Young @ Heart is a weekly programme to increase participation in sport and physical activity, and promote healthier lifestyles for the over-50s, running in all of the borough's leisure centres.

WWW.BETTER.ORG.UK/TOWERHAMLETS



NEWS FROM TOWER HAMLETS COUNCIL AND YOUR

Over-50s pool their talent to win gold

Swimming success at Better Games



Members of the Tower Hamlets team celebrate with Tessa Sanderson

SPORTY over-50s were inspired by the London 2012 Amira Wooley, Maris Ozols and Olympics to make a splash Peter Eldridge. at the Better Club Games.

competition drew more than Hamlets fourth. 600 competitors from 17 boroughs to the Copper Box Arena their awards by Tessa Sander-ulations to Team Tower Hamin Stratford on October 17.

The event, organised by Olympic javelin gold medallist. leisure centre operator Better, was aimed at encouraging older people to become more active and to highlight the social and physical benefits of sport.

A team of 35 from Tower Hamlets competed in activities including badminton, table tennis, short tennis, swimming, timed cycling, dominoes, darts

Court dates

THE next round of the Docklands Tennis League runs from Thursday, November 13 until to Wednesday, January 21, 2015.

Entry costs £15. To join, visit localtennisleagues.com/dock lands/joinnow or send a cheque made out to Local Tennis Leagues Ltd to 2 Highbury Place, London N5 1QZ by Monday, November 10.

Discounts on balls and socks are available if you join.

BY SHALINA HUSSAIN and short mat bowls. They put in a sterling performance in the pool – winning gold thanks to

Greenwich took first in the The annual inter-borough overall contest with Tower

son, TV personality and 1984

Tower Hamlets' success is testament to the council's Young or visit www.better. @ Heart programme.

Young @ Heart is a weekly programme to increase participation in sport and physical activity, and promote healthier lifestyles for the over-50s, running in all of the borough's leisure centres.

Mayor of Tower Hamlets Winners were presented with Lutfur Rahman said: "Congratlets who put in a fantastic performance."

> To find out more, call 7364 3214 org.uk/towerhamlets

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